



Robinson junior midfielder Victoria Barron controls the ball against Chantilly. The Rams beat Chantilly, 14-13, on a last-second goal by senior Megan Dunleavy to win the Concorde District title.

Rams Victorious

SPORTS, PAGE 19

No Decision Yet on Stop Sign

NEWS, PAGE 3

Clifton Through An Artist's Eyes

NEWS, PAGE 4

PHOTO BY CRAIG STERBUTZEL/THE CONNECTION SPORTS, PAGE 19 ❖ FAITH, PAGE 21 ❖ CLASSIFIED, PAGE 22

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- A new **Business Advantage** program extends the benefits of budget billing to small- and medium-sized commercial customers and most non-profits. Eligible customers will be able to sign up beginning July 1.
- "More Than 100 Ways To Improve Your Electric Bill," published by the Edison Electric Institute, provides **easy-to-use tips** on practical ways to cut electricity use and save money. To download a copy visit www.dom.com (keyword: 100 ways).
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No End to Stop-Sign Debate

Lorton residents still fighting VDOT's plan to remove four-way stop sign.

BY AMBER HEALY
THE CONNECTION

Members of the South County Federation, along with Supervisor Gerry Hyland (D-Mount Vernon), are still waiting to learn the fate of a four-way stop sign on Lorton Station Boulevard.

The Virginia Department of Transportation wants the sign removed because a study determined that the intersection has an insufficient flow of traffic to warrant a stop sign. However, Hyland, along with State Senator Linda "Toddy" Puller (D-36), sent letters urging VDOT to reconsider and keep the four-way stop sign in the busy Lorton Station community.

"We feel the stop sign makes sense and it's working," Hyland said during the Federation's monthly meeting on Tuesday, May 13.

Lorton resident Irma Clifton said she recalled a plan that included a traffic light at the same intersection, of Lorton Station Boulevard and Percy Simms Drive, back when the neighborhood and shopping center were initially planned and proposed by Kettler, Inc.

Federation president Mike Grogan ex

SEE SOUTH COUNTY, PAGE 17



PHOTO BY AMBER HEALY/THE CONNECTION

Concrete block walls are starting to emerge at the site of the new elementary school in Laurel Hill, slated to open in September 2009. Many of the school's internal roadways have already been paved and the school should be under a roof by the end of the year.

"We feel the stop sign makes sense and it's working."

— Supervisor Gerry Hyland (D-Mount Vernon)

Four Months in Jail for Manufacturing Marijuana

Defendant's arguments go up in smoke.

BY BONNIE HOBBS
THE CONNECTION

Family, friends and business associates wrote letters to the judge on his behalf. And the defendant, himself, Chris Rouse, promised to never grow or use pot again.

But in the eyes of the court, his words were as flimsy as smoke, evaporating into air as soon as they were uttered. In the end, the person Judge Robert Wooldridge saw standing before him in court last week was a drug dealer of significant proportion.

"The amount of marijuana involved here is a matter this court cannot ignore," said Wooldridge.

Accordingly, he sentenced Rouse, 53, of 11700 block of Swarts Drive in Fairfax, to four months in jail for manufacturing mari-

juana. In case Rouse is ever again tempted by the leafy, green stuff, he has four years and eight months of suspended prison time hanging over his head.

Rouse first came to the attention of the law last September, when police learned he was cultivating marijuana in a home he'd rented at 7100 Union Mill Road in Clifton just for that purpose. When Fairfax County Police executed a search warrant there on Sept. 11, 2007, they discovered 85 marijuana plants with an estimated street value of \$120,000.

When police searched his Fairfax home, they found more pot, plus drug paraphernalia and a dozen weapons — four handguns, seven rifles and a machine gun with a suppressor. In September affidavits for the search warrants, an undercover narcotics

SEE POT GROWING, PAGE 18

CLIFTON/FAIRFAX STATION/LAUREL HILL CONNECTION ♦ MAY 15-21, 2008 ♦ 3



PHOTO BY ROBBIE HAMMER/THE CONNECTION

Snapshot Sofia Montgomery, 5, and her mother, Carmen, visit with Clicky at the Inova Children's Hospital on May 9. Clicky is the mascot for the National Center for Missing & Exploited Children's online safety program, NetSmartz. The two are from Mason Neck.



Soldier's Visit Lt. Michael E. Falk spoke to the Republican Women of Clifton at the group's meeting on Monday, May 12. Falk, of Little Rocky Run, a Centreville High graduate and a 2006 alumnus of William and Mary with a double major of history and government, is in the U.S. Army Armor out of Fort Stewart, Ga. He is currently stationed at Patrol Base Stone, Baghdad Iraq. He is a platoon leader of approximately 27 soldiers. Falk is home for 18 days for his mid tour leave and will be returning to Iraq on Memorial Day.

Child Porn, Weapons Charges

A Clifton man was charged with possession of two unregistered firearms and child pornography, according to information released from the U.S. Attorney for the Eastern District of Virginia.

Curtis Robert Williams, 53, will be sentenced on Aug. 8 for the charges. He faces a maximum of 10 years in jail for the child pornography charges and 10 years for the firearms, and will have to register as a sex offender in any jurisdiction where he lives or works. Williams will also remain under court supervision for a term of five years to life.

According to court documents and proceedings, law enforcement officials from the FBI and the Fairfax County Police Department executed a search warrant in Williams' home last October for evidence he sent threatening e-mails to the Fairfax Baptist Temple, mentioning children who attended services there. While looking for that evidence, officers found and seized a MAC-10 type sub-machine gun and silencer, over 25 computers and 600 computer disks, one of which contained 39 images of child pornography. The images on the DVD depicted minor boys engaged in sexually explicit conduct, according to reports.

The case is being prosecuted by the Special Assistant United States Attorney Christopher Ries and Special Assistant United States Attorney Edward McAndrew, on detail from the Child Exploitation and Obscenity Selection of the Department of Justice.

Workshop Update, May 19

With an opening day scheduled for this fall, representatives from the Workhouse Arts Center will host an information night on Monday, May 19 at 7:30 p.m. in the Lorton Community Library, 9520 Richmond Highway in Lorton.

A slideshow featuring past and present images of the site will be presented, along with an update on the site's construction and a preview of the artists studios, gallery space, museum and theater performances that will take place there. For more information, call 703-339-7385.

Bike to Work on Friday, May 16

The Fairfax County Department of Transportation and the Washington Area Bicyclist Association are urging commuters to leave their cars behind and ride their bicycles to work on Friday,

SEE NEWS, PAGE 5



Manassas resident Rob Burkhard paints a little every day, but enjoys coming to Clifton for its historic attributes.

DONATED IMAGE

Painting the Town

Manassas resident enjoys painting Clifton 'en plein air.'

BY AMBER HEALY
THE CONNECTION

Rob Burkhard likes to paint. Historic towns, battlefields, pastoral scenes of flowers and wildlife, capturing the natural light is a pastime that consumes almost as much of his time as his job.

"I've been painting on and off for about 30 years," said Burkhard, a Manassas resident who retired from the Navy three years ago to dedicate more time to his family and his artistic passion. "I had originally wanted to be an art major, but I took a 25-year interruption," he laughed.

One day, while commuting from his engineering job to his home, he became frustrated with the traffic on westbound Interstate 66 and took a detour though Clifton. While passing through the town known for its historic structures, Burkhard felt he needed to slow down and take a closer look.

"As soon as you're in town, you're like whoa, what is this place," Burkhard said.

He began bringing his oils, watercolors and canvases to Clifton, stopping after work or on the occasional day off to sketch, to paint and to capture

the moment in front of him.

Like other artists, one of his favorite subjects is the General Store, one of Clifton's many iconic institutions.

"The store reminds me of one I went to all the time as a child in Michigan," he said. "I really like that the architecture of the buildings is well preserved and interesting."

Burkhard describes himself as an "en plein air" painter, meaning he tries to capture the natural light as it appears at the moment he's working on a piece. Sometimes those paintings can look like impressionistic pieces, others are more realistic. It all depends on how he's feeling that day.

With so many structures over 100 years old, Burkhard admits there are some things he wants to investigate in the future, like the storied Bunnyman Bridge and the historic houses just off Main Street.

The lure of historic towns for artists is in their quaint nature, he said, reminiscent of days gone by and yet not entirely out of reach.

"I could paint a million nature scenes and no one would care," he said. "But people are interested in history."

A recent gallery show of paintings from around Old Town Manassas that quickly sold out is evidence people want a connection of some kind to where they live and how it used to look, Burkhard said.

ONE OF THE groups to which Burkhard belongs, the Northern Virginia Artists League, has an exhibit

SEE ARTIST'S VIEW, PAGE 7



"As soon as you're in town, you're like whoa, what is this place."

— Rob Burkhard

This watercolor painting of the Clifton Store was done by Manassas painter Rob Burkhard.

NEWS

FROM PAGE 4

May 16, as part of the regional "Bike to Work Day."

The annual event is part of the Metropolitan Washington Council of Governments' Commuter Connections program, designed to encourage people who can bike to work to do so. Last year, more than 1,000 cyclists participated in the event and used the pit stops set up at various locations within Fairfax County.

"Bike to Work Day" pit stops will be set up in Fairfax Corner near the Government Center; at the Franconia-Springfield Metro Station; at Reston Town Center; in Vienna at the W&OD Trail on Maple Avenue; at the University Mall in Fairfax and at the Booze Allen Hamilton offices in Tysons Corner.

Snacks will be provided at each pit stop, along with entertainment, speakers and raffles for bicycles and other prizes. Participants can register and receive an official "Bike to Work" T-shirt.

For more information, go to www.waba.org or call the Fairfax County Department of Transportation at 703-324-BIKE/2453.

Fire Station Open House

Several Fairfax County Firefighters will open their stations as part of Emergency Medical Services Week.

Next week has been designated "Kids in Motion Week" by EMS and the American College of Emergency Physicians (ACEP), with a goal of emphasizing the importance of child safety. Activities are planned during the open houses, scheduled for Sunday, May 18 from 10 a.m.-4 p.m., at the Gunston Station Number 20, 10417 Lorton Road in Lorton; and Fairview Station Number 32, 5600 Burke Centre Parkway in Fairfax Station.

CRIME REPORT

Activities reported by the Sully District of the Fairfax County police department through May 7.

ROBBERY

14200 block Heritage Crossing Lane. Police are investigating a robbery that occurred on Thursday, May 1. A 26-year-old Springfield man was assaulted and robbed by an acquaintance as he walked in the area around 9:30 p.m. The suspect stole his money and cell phone. The victim was not seriously injured. Warrants have been obtained for the suspect and the case is still under investigation.

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Wednesday, May 28, 2008
6:30-9:00 PM

Presentation 7:00 PM

Riverside Elementary School
8410 Old Mount Vernon Road
Alexandria, VA 22309



For more information please visit www.belvoirnewvision.com



VDOT Virginia Department of Transportation

I-495 Capital Beltway HOT Lanes Fairfax County

DESIGN PUBLIC HEARING

Tuesday, May 20, 2008, 5-9 p.m.
Northern Virginia Community College
Ernst Cultural Center

8333 Little River Turnpike, Annandale, VA 22003
and

Wednesday, May 21, 2008, 5-9 p.m.
Marshall High School

7731 Leesburg Pike, Falls Church, VA 22043

Stop by anytime between 5 p.m. and 7 p.m. on either night to visit displays and learn more about the project. A brief presentation begins at 7 p.m. to be followed by public comments. Those wishing to speak for up to three minutes may register at the door.

Find out about the latest design plans to construct four HOV/Bus/HOT (high occupancy toll) lanes on the Capital Beltway from the Springfield Interchange (I-95/I-395/I-495) to just north of the Dulles Toll Road at Old Dominion Drive (Route 738). Virginia Department of Transportation project managers will be available to answer your questions.

Project information may also be viewed at VDOT's Northern Virginia District Office, 14685 Avion Parkway, Chantilly, VDOT's Project Office, 6400 Commerce Street, Springfield, or call toll free (877) 495-VDOT (8368). Property impacts and relocation assistance policies, and tentative construction schedules are available for your review at the above addresses and will be available at the public hearing.

Give your written or verbal comments at the hearing, or submit them, by June 5, 2008, to Roger Boothe, Project Manager, VDOT, 6400 Commerce Street, Springfield, VA 22150. You may also e-mail your comments to: Meeting_Comments@VDOT.Virginia.gov. Please reference "Capital Beltway HOT Lanes" in the subject heading.

VDOT ensures nondiscrimination and equal employment in all programs and activities in accordance with Title VI and Title VII of the Civil Rights Act of 1964. If you need more information or special assistance for persons with disabilities or limited English proficiency, contact VDOT's Civil Rights Division, 14685 Avion Parkway, Chantilly, VA 20151-1101 or (703) 383-2341 or TDD 711.

State Project # 0495-029-138, P101, Federal Project # IM-066-1(318)
State Project # 0066-029-131, P101, C501 B613 - B617, B620, Federal Project # IM-066-1(318)
State Project # 0495-029-763, P102, Federal Project # IM-96A-9(106)
State Project # 0495-029-721, P101, C501, B602, B603, B605, B621, B622, B623, B642, B654, Federal Project # IM-066-1 (318)
State Project # 495-029-754, P101, R201, C501, B601, B604, B608-B611, B618, B619, B626, B628, B630, B631, B635, B636, B637, B639, B640, B641, B644 - B653, B655, B656 - B661

HERB FESTIVAL

Saturday, May 17th, 10 - 4
Rain date: Sunday, May 18th, 11 - 4

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PEOPLE

Getting To Know . . . Barbara Hobbie, Court Appointed Special Advocates volunteer.

Retiring after 21 years with the Fairfax County Department of Family Services, Barbara Hobbie was looking for a way to help people and to give back to the community. An announcement in the Connection Newspapers led her to become a

PROFILE

volunteer with the Court Appointed Special Advocates.

In that role, she advocates for abused and neglected children dealing with the county court system.

Here, Hobbie answers a few questions about herself and discusses her impressions of CASA.

Family. I am married and have two grown children. Aimee

Cason, 30, is a nurse practitioner lives in San Diego with her husband, William, who is a pilot in the Navy. Erik, 27, lives with his wife, Wendy, in Chicago and works as a software developer. I moved around as a child (lived in four different states), but my children grew up in Springfield. My husband, Richard, is retired from the federal government and is executive director of the National Association of Workforce Agencies.

Your first job. I came to Virginia in 1975 after earning a master's degree in so-



Barbara Hobbie

DONATED PHOTO

cial work from The Ohio State University. My first job was with the Epilepsy Foundation at Georgetown Hospital. I worked for Fairfax County Department of Family Services for 21 years in Adult Protective Services. I specialized in the problem of hoarding and guardianship.

Activities/interest/hobbies. I love playing tennis and I am captain of four USTA tennis teams. I am retired but work part time at Fairfax Racquet Club as a receptionist. I also love to travel.

in the Connection Newspaper. I was retired for a short time and was enjoying myself. I thought I should do something worthwhile for others. I didn't want to provide social work services. I wanted something new. I was always fascinated with the court so the idea of being a court advocate appealed to me. I also liked the idea of helping children. I went to the CASA information session to find out more about the program and the responsibilities of a volunteer. I was impressed by the program and the people who

Favorite local restaurants. Mike's American Grill.

Community concerns. Affordable housing including assisted living in Fairfax County

When you were younger, what did you want to be when you grew up? I had no idea, but I loved talking to people and I was always interested in people.

Personal goals. I want to become a better tennis player and stay in good health.

How did you decide to volunteer with CASA? I read about CASA

To Volunteer

Applications are being accepted for the fall training class of Fairfax Court Appointed Special Advocates (CASA). CASA seeks volunteers to advocate for children that are abused or neglected. Time expectation is 15 hours per month and a one-year commitment. No prior experience necessary, 35 hours of training provided. E-mail Meloni at volunteer@casafairfax.org or call 703-273-3526.

manage it.

What do you hope to bring to the children in the program? I hope to be objective and to make sure their needs are being met. I realize that the professionals such as attorneys and social workers don't have enough time to do some things. I do have the time to find out what the children need and to research the resources. Also, I know from my experience as a parent that sometimes you have to fight to get services for your child.

What, in your opinion, is the most important issue facing children today? First, their basic needs such as food, clothing, housing and safety must be met. Then, they need to belong to a family that provides love and emotional support.

— MICHAEL O'CONNELL

Jacqueline Tvrdik Crowned Queen

Clifton native wins Miss Virginia American Queen pageant.

Jacqueline Tvrdik, Miss Virginia American Queen 2008, is a native of the historic Town of Clifton. She was born and raised in Northern Virginia and graduated from Pope Paul VI Catholic High School in 2003. While there, she danced on the Paul VI's nationally ranked Dance Team, serving as captain for both junior varsity in 2000-01 and varsity in 2002-03. In addition to this, she traveled to China with the Paul VI Dance team, sponsored by the Chinese government to promote diplomatic relations through dance and music festivals.

Currently, Jacqueline attends Virginia Commonwealth University in Richmond/ She previously danced for the VCU Dance Team and is a member of Phi Mu Fraternity, "pink is her signature color." In 2007, she was named Miss Clifton by Mayor Tom Peterson and was featured in Clifton's Fourth of July parade.

Jacqueline spends her spare time with family and friends. She enjoys an active lifestyle and loves spending time outside on the water boating, r skiing in the winter months. Jacqueline also loves her Teacup Chihuahua "Tallulah" and enjoys time with her running in local dog parks or just cuddling.

As Miss Virginia American Queen 2008, Jacqueline's platform is the D.A.S.H. Foundation — the promotion of awareness and education of domestic violence and abuse. She has also spent a large amount of time volunteering for Children's Miracle Network — the official philanthropy of Phi Mu, the SPCA, RCAF, Relay for Life, and participated in fashion shows with proceeds benefiting SafeHarbor.

Jacqueline looks forward to the American Queen National Pageant that takes place in August in Daytona Beach, Fla.



Miss American Queen Jacinta Devlin crowns Jacqueline Tvrdik as the Miss Virginia American Queen 2008.

VIEWPOINTS

Is it time for Hillary Clinton to drop out of the presidential race?



"No, I think she should see it through."
Kathy Cagle,
Fairfax

"Yes. She is not playing the game for the people, which is the main thing a candidate needs to think about."

Al Quassab,
Fairfax



— AMBER HEALY

Artist's View of Clifton

FROM PAGE 4

on display at the Fairfax County Government Center through July 12. Burkhard has several pieces in the exhibit, said Lorrie Herman, president of the club.

"Rob does a nice variety of work, he just keeps experimenting and painting," Herman said.

She compliments Burkhard's various techniques, citing his use of color and detail to make his paintings pleasing to the eye.

BUT IT MAY be his persistence that makes him stand out from other League members.

"He paints every single day," Herman said. "He goes home, puts his young kids to bed and paints."

In fact, added fellow Northern Virginia Artists League member Lou Negri, Burkhard is known to take some art supplies with him

when he needs to travel for work.

"He paints on airplanes," Negri said. "I really admire that about him. I try to paint about once or twice a week, but Rob paints every single day."

The group goes out once a month to paint together, followed by a lunch and critique session, Negri said.



DONATED IMAGE

Drawn to Clifton for its historic structures, Rob Burkhard sat on Main Street to complete this oil painting of the Hermitage Inn and the General Store.

VDOT Virginia Department of Transportation

OPEN FORUM PUBLIC HEARING
Rolling Road (Route 638)
in Fairfax County

will be held on **Thursday June 12, 2008**
between **5 and 8 p.m.**
West Springfield High School
6100 Rolling Road, Springfield (zip 22152)

Find out about a proposal to widen Rolling Road to four lanes from 0.369 mile north of the Fairfax County Parkway (Route 7100) northerly to the intersection of Old Keene Mill Road (Route 644). The project length will be approximately 1.40 miles of Rolling Road.

Review the proposed project plans depicting the major design features and the environmental documentation, prepared under the National Environmental Policy Act (NEPA) in the form of a Categorical Exclusion, at the public hearing or before the hearing at VDOT's Northern Virginia District office located at 14685 Avion Parkway in Chantilly, telephone number (703) 383-2000 or TTY/TDD 711. Please call ahead to assure the appropriate personnel are available to answer your questions. Property impacts, right of way policies, and tentative construction schedules are available for your review at the above addresses and will be available at the public hearing.

In compliance with the National Historic Preservation Act, Section 106 and 36 CFR Part 800, information concerning the potential effects of the proposed improvements on properties listed in or eligible for listing in the National Register of Historic Places will be available at the hearing.

Give your written or verbal comments at the hearing or submit them by June 22, 2008, to Mr. Doug Miller, VDOT Northern Virginia District Office, 14685 Avion Parkway, Chantilly, Virginia 20151-1104. You may also e-mail your comments to us at: Meeting_Comments@vdot.virginia.gov. Please reference "Rolling Road, Fairfax County, PH Comment" in the subject heading.

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State Project: 0638-029-156, PE-104, RW-204, C-504;
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END BACK PAIN NOW!

New FDA Cleared Procedure by Kimberly Roberts

Just one year ago, Dr Salvatore Nuccio (of Twinbrooke Chiropractic in Fairfax, Virginia) was told an amazing story about Dr. Nick Mobilia, a cosmetic and restorative dentist. Dr. Mobilia had complained of severe pain, weakness and numbness in his right hand,

"I couldn't hold a pen let alone dental instruments without them dropping to the floor. I had to take off from my practice, and I thought my career was over."

After seeing a surgeon and being told he needed surgery for a herniated disc of the spine, they discussed the possible complications associated with surgery. Dr. Mobilia was referred to Dr. Marco Caruso, a chiropractor, one of the first practitioners to specialize in decompression therapy in Westchester County, NY. According to Dr. Caruso, studies have shown that 4 out of 5 adults will experience back and neck pain at least once in their lives. Men and women are equally at risk, and it is estimated that more than 80 percent of missed workdays are due to spinal injuries. The SpineMed™ table uses clinically proven principles to non-surgically decompress the spine and reduce the pressure on the discs. Previous research of this technology found that the treatment provided "good" to "excellent" relief in 86% of the patients with ruptured intervertebral discs. "We have been using the latest technology in decompression therapy and have had several different tables in our practice," said Dr. Caruso.

The engineers of the SpineMed™ table have made tremendous advances in replacing early technology with this 21st Century system.

"Almost all of these conditions can be avoided by keeping a healthy spine," Dr. Caruso said. "Decompression therapy can help patients who have these problems, or patients looking to avoid them."

Decompression therapy results in an increase in joint space, disc height, and an increase in oxygen exchange to strengthen soft tissue." Dr. Mobilia's experience with the SpineMed's intensive decompression therapy had some startling results. "All the pain, weakness and numbness subsided." Dr. Mobilia said, "I was discharged with strengthening exercises and a follow-up exam in one month. With a full recovery, I was glad to return to my busy practice."

It was his story, and many others like it that inspired Dr. Nuccio to consider bringing the SpineMed™ Decompression System to Northern Virginia. After getting the SpineMed™ Decompression System in our office, a long time patient referred her husband, Brett, to Dr. Nuccio for a SpineMed™ consultation. Brett's results are best conveyed in his own words from this letter dated March 25, 2008: "Over the last 7-8 years I have been dealing with often-severe low back pain (degenerating discs in L4 and L5), spinal stenosis, and pain that radiated into my buttocks and often down my right leg, including numbness in my right foot. The pain and suffering would usually last for several months at a time, even using muscle relaxants and anti-inflammatory medications. This past December 2007, I had a recurrence of my back problems that manifested in pain that later degenerated into a very numb right foot from the herniated disc pressing on a nerve.

After reviewing my most recent MRI, my orthopedic surgeon said the numbness was potentially an even greater problem than the pain because the numbness indicated nerve and muscle damage that might become more severe and result in permanent disability (drop foot) over time if not dealt with by surgery. Fortunately, my wife Judy, who has seen a lot of suc-



cess coming to Dr. Nuccio's office over the past year, mentioned the new equipment in the office that might be just what I needed – the SpineMed™ Decompression System. I was already aware of "spinal decompression" and had investigated the technology through other sources but was pleased, after talking to Dr. Nuccio, to see that he had acquired the most advanced piece of equipment on the market: the SpineMed™ System. To make a long story short, after 30 completely pain-free sessions on the SpineMed™ System, I have seen close to a 100% improvement, meaning at present there does not seem to be any numbness at all remaining in my right foot! Based on my previous experience, I had no reason at all to believe that the numb foot would correct itself without surgery. Believe it or not, I feel so good that I have just purchased some jogging shoes to allow me to get back into jogging/speed walking, something I have not even contemplated doing for years because of my back, leg and foot problems. Thanks again to you and your staff for helping me overcome what was threatening to become a semi-permanent disability. For what it is worth, the price I paid at your facility for the spinal decompression sessions was surprisingly less than that quoted to me by another clinic in the area who was touting a spinal decompression system not as advanced as the SpineMed™ System."

What makes up back pain?

- Sciatica
Very common in all ages/genders
- Disc herniation, bulges
Most common in men and women 20-40 years of age; localized, stabbing pain, traveling pain (sciatica)
- Degenerative disc disease.
Most common in elderly males/females; the decrease of joint space and disc height can result in any of the above pain
- Sprain/Strain
Any age; usually accident/trauma related – can result in traveling or localized pain.
- Lumbago (lower back pain)
Any age; usually consists of an insult to the lower back muscles (desk job, driver, package delivery)
- Stenosis
Most common in people over 40 years of age; narrowing of the spinal cord due to any of the injuries above. Pain is increased with walking, and dexterity (movement) is complicated.

*For more information visit
www.Twinbrookechiropractic.com
or call (703)655-2032 for a free
consultation.*

Schools Propose \$2.2 Billion Budget

With more than 3,500 unexpected students, schools will need to make some cuts.

BY JULIA O'DONOGHUE
THE CONNECTION

Increases in class size, decreases in staff pay raises and freezing expansion of full-day kindergarten: these are a few of the reductions that Fairfax County Public Schools will consider for the 2008-2009 school year.

School officials had requested a \$63.7 million increase to the \$2.26 billion budget but Fairfax County Board of Supervisors only provided an extra \$40 million, leaving the schools \$23.7 million short of what it requested. According to school officials, the 2.5 percent in additional funding is the smallest percentage increase in the county transfer to the system since 1995.

Supervisors gave the schools a larger budget increase than any other agency. Fairfax County Public Schools was one of the only local government branches to receive an increase in funding at all, they said.

AN ENROLLMENT increase and rising fuel prices mean that additional funds provided by the county will mostly be used to cover existing costs and not to fund improvements or new programming, according to a statement released by schools superintendent Jack Dale.

Fairfax County Public Schools saw an additional 3,541 students in 2008, which will cost the system approximately \$22.5 million in additional funding. Transportation costs related to enrollment increase and ris-



PHOTO BY JULIA O'DONOGHUE/THE CONNECTION

School board member Janie Strauss (Dranesville) disagrees with her colleague At-large school board member Jim Raney's proposals to cut the budget.

ing fuel prices will eat up an additional \$7 million.

Dale has proposed to reduce the employee salary raise from three percent to two percent and halting the expansion of full-day kindergarten and the elementary school foreign language program. He would increase class size by one half of student, likely to affect general education classes more than specialty classes.

The school system has also reduced spending by "streamlining" several programs aimed at at-risk or low-income students, including summer school, Project Excel, QUEST, the Student Accountability program, the Summit program, and Young Scholars program.

WITH UNPOPULAR CUTS proposed, the School Board is looking at other options. Several board members said they would like

to find a way to continue with expansion of the full-day kindergarten and foreign language in elementary schools.

School board members Brad Center (Lee), Jim Raney (At-large) and Liz Bradsher (Springfield) asked the staff to take another look at implementing an "activity fee" for athletic participation. In earlier budget discussions, the superintendent had said such a fee could produce at least \$2.5 million but the school system's chief financial officer Deirdre McLaughlin said the revenue to be generated was most likely overstated.

Raney proposed some more dramatic cuts. He said the school system should look at closing Gifted-and-Talented education centers and moving those services into every student's base elementary school.

He also asked board members to consider capping enrollment at Thomas Jefferson School for Science and Technology to 1,600 students, the number of pupils the state government has agreed to subsidize. In the 2006-2007 school year, the high school enrolled 1,769 students.

Raney was also in favor of charging students to take Advanced Placement or International Baccalaureate classes.

"We are obligated to provide a free elementary and secondary education. We are currently providing a free post-secondary education in the form of AP and IB courses. We could generate \$2.5 million by charging for AP and IB courses," said Raney.

"I don't support any of those initiatives," said school board member Janie Strauss (Dranesville), who added that the school system would have to retract some students acceptance to Thomas Jefferson if it implemented Raney's proposal.

During the discussion, school board members Stu Gibson (Hunter Mill) and Kaye Kory (Mason)

also expressed concern about budget cuts to schools that serve a lot of poor and at-risk students.

Staff said about half of the approximately 35 schools that qualify for extra money to help at-risk students, called Title I funding, would see a reduction in this assistance from the federal government this year. Gibson said he did not want the school system to "pile on" by also cutting money for other programs found in these schools. "Obviously we have some schools in that category and we don't want to rub salt in the wound. What are we doing so that we are not adding insult to injury?" said Gibson.

"We could generate \$2.5 million by charging for AP and IB courses."

— Jim Raney

SCHOOL SNAPSHOT 2008 Special School Program Enrollment

Fairfax County Public Schools provided a breakdown of specialty program enrollment based on race, ethnicity, socioeconomic factors and special education needs in January 2008. When compared with overall enrollment figures, students who are poor, black, Hispanic, English-language learners or who qualify for special education services are underrepresented in gifted and talented and accelerated academic programs. The same groups of students appear in higher numbers in the U.S. military's JROTC programs.

Program	Overall Enrollment	Economically Disadvantaged	Limited English	Special Education	black	Hispanic	white
FCPS Enrollment (All Schools)	164,843	31,320* (19.9%)	21,771 (7.6%*)	24,000 (14%)	18,133* (10.8%)	26,374* (16%)	80,421 (50.2%)
Career and Technical Education (Middle, High Schools)	55,942	12,855 (22.98%)	8,622 (15.41%)	7,641 (13.66%)	6,802 (12.16%)	8,873 (15.86%)	27,321 (48.84%)
Foreign Language (Middle, High Schools)	44,543	342 (.77%)	3,568 (8.01%)	3,081 (6.92%)	3,855 (8.65%)	4,946 (11.1%)	25,189 (54.76%)
Gift and Talented Services (Kindergarten - 12)	61,775	5,180 (8.39%)	7,595 (12.29%)	Not Available	2,041 (6.83%)	2,475 (8.29%)	16,593 (55.55%)
JROTC (Seven High Schools)	823	302 (36.7%)	142 (17.25%)	229 (27.83%)	216 (26.25%)	203 (24.67%)	283 (34.39%)
2007 Advanced Placement/ International Baccalaureate enrollment (High Schools)	17,994	1,264 (7.02%)	748 (4.21%)	459 (2.55%)	945 (5.25%)	1,269 (7.05%)	11,006 (61.16%)

*approximate figures computed by The Connection Newspapers

—JULIA O'DONOGHUE

COUNTY NOTEBOOK

More Algebra for Eighth Graders

Fairfax County Public Schools will start offering a standard Algebra I class in addition to its honors Algebra I class to eighth graders in two middle schools next year.

The school system wants to increase middle school enrollment in Algebra I so that more students will have the opportunity to complete calculus by the end of high school.

It is difficult for students to fit in all the prerequisites for calculus if they wait until ninth grade to take Algebra I, said staff.

Currently, about 47 percent of students complete Algebra I by the end of eighth grade, according to Peter Noonan, assistant superintendent for instructional services.

Like honors Algebra I, standard Algebra I will be an "open enrollment" class, meaning that it will be available to anyone who wants to take it. The class will resemble the standard Algebra I currently offered to ninth graders.

Hughes and Thoreau middle school will be the first to offer standard Algebra I through a pilot program next year. Noonan said the school system wants to expand the offering to other middle school programs in following years.

Fairfax County middle schools typically offer standard grade six, seven and eight math as well as Algebra I, Geometry and sometimes Algebra II, according to Noonan.

— JULIA O'DONOGHUE

MORE AT WWW.CONNECTIONNEWSPAPERS.COM

School Board Ponders Busing Changes

Some suggest reducing gifted and talented bus service.

BY JULIA O'DONOGHUE
THE CONNECTION

Should Fairfax County Public Schools keep paying to bus tens of thousands of students around the county for special programs?

The Fairfax County School Board engaged in heated discussions about transportation service involved the busing of gifted and talented students. About 61,000 of the school system's 164,843 students are enrolled in the

"If the offerings are at every middle school, why are we busing kids all over the county?"

— School Board Member Tessie Wilson.

school system's gifted and talented program in 2008. The School Board split almost evenly when deciding whether to look at reducing transportation services to elementary school gifted and talented centers. The transportation task force had recommended that the School Board eliminate gifted-and-talented bus services for elementary school students who have the same "level four" services at their base schools. Cutting the program would save the school system a little over \$325,000.

Several board members rejected this recommendation. Some schools do not have the number of gifted-and-talented students required to offer a program on the scale that of a gifted-and-talented center, said School Board member Kathy Smith (Sully.)

School Board member Janie Strauss (Dranesville) added that eliminating transportation to gifted-and-talented centers would result in a drop in lower-income and minority student enrollment.

"I am 100 percent certain that I am not going to vote to deny transportation to gifted-and-talented centers," said School Board member Ilryong Moon (At-large).

Other School Board members were more supportive of giving staff the flexibility to look at reducing gifted-and-talented student transportation.

"If we are already offering a set of services in schools, I can't imagine why we would pay to send students somewhere else," said School Board president Dan Storck (Mount Vernon.)

"If we are going to put money into level four funding, then why do we have GT centers?" asked School Board member Liz Brasher (Springfield.)

EARLIER IN THE DAY, other questions were raised about transportation of gifted and talented students at the middle and high school level.

School staff said there wasn't a significant distinction between middle school gifted-and-talented centers and the honors program offered through the standard curriculum.

"I think it is a duplicative effort. ... We do offer a full gifted-and-talented center at every middle school but some are called gifted-and-talented centers and some are called honors programs," said Peter Noonan, assistant superintendent for instructional services.

Changes in Start Times?

Students at some schools around the county could end up starting school later and some could end up starting earlier as Fairfax County school officials consider some dramatic changes to its busing system.

County staff is looking to develop a three-bell schedule in which some elementary schools could start earlier in the morning and some middle and high school students could begin school later.

The Fairfax County advocacy group, Start Later for Excellence in Education Proposal (SLEEP), has been campaigning for middle and high school students to start school later for the last 10 years. The organization cites research that show teens are biologically inclined to stay up late and sleep more in the mornings.

Currently, older students start class earlier in the morning than their elementary school counterparts.

The school system is also looking to increase the cost savings and efficiencies in its bus system. The Fairfax County Public Schools' transportation task force has made many of the recommendations being considered, including the change to start times.

The School Board set some parameters for the schools' transportation redesign at its work session May 12. Staff is expected to return with a draft proposal later this year and the School Board is gathering input through "study groups" this summer.

Residents will only be able to join the "study groups" if invited by the school board but staff intends to conduct wider public meetings on the transportation plan next fall.

For more on allowing later start times for high school students, see sleepinfairfax.org

For more on the transportation task force, see www.fcps.edu/fts/taskforce07/

The greatest difference was the honors program offered more "flexibility," allowing students to one or two advanced classes instead of an entire curriculum. Those enrolled in the gifted-and-talented program had also typically been taking classes together since elementary school, said Noonan.

"Most of the GT referrals are made in second grade," he said.

Noonan's statement prompted questions from board members about why the school system was paying for gifted-and-talented transportation at this level.

"If the offerings are at every middle school, why are we busing kids all over the county?" said School Board member Tessie Wilson.

Some School Board members said they should also take a closer look at transportation to Thomas Jefferson School for Science and Technology. The school system's chief operating officer Dean Tistadt said the cost of the special high school's transportation was "not inconsequential. There is no

way to deal with TJ that doesn't have a resource implication."

At-large School Board member Tina Hone said she thought the School Board should consider reducing transportation to Jefferson given the tough budget situation.

"Maybe TJ parents are going to have to figure out how to get to TJ," she said.

THE TRANSPORTATION TASK force has also recommended busing Jefferson students to the local elementary school with younger children, but both staff and the School Board were not supportive of the idea.

Tistadt said it would increase the number of Jefferson "depots" from 25 to approximately 80 sites, thereby costing more money. Several School Board members said they also had reservations about middle and high school students sharing a bus together.

"I don't support any high school kids on an elementary school bus, even if they are TJ kids," said Smith.

Bay Gets a Little Cleaner

Volunteers remove 1 1/2 tons of debris from Belmont Bay shores.

Six volunteers removed 46 tires, 39 bags of litter, two chemical drums, three trash containers and a set of plastic lawn furniture from the shores of Belmont Bay as part of the Potomac Watershed Cleanup in April. The Fairfax Yacht Club supported the effort. The trash will be taken to the Fairfax County Waste to Energy Recovery Facility in Lorton for proper disposal.

The Yacht Club provided a small flat-bottomed boat and helped to transfer the bags of trash, tires and other debris to the marina where it was moved from the dock by hand carts to the parking lot. With one very large tractor tire weighing more than 200

pounds, the total weight of the collected trash is estimated at 1 1/2 tons.

Participating in the cleanup were Fairfax Yacht Club Commodore Gayle Wix; marina manager, Jeff Fredrickson; dock master, Harry Croft; groundskeeper, Bill French, and Mason Neck volunteers Gary Knipling and Joe Chudzik.

The Mason Neck Lions Club helped to organize this project and 18 other cleanup sites on Mason Neck. The Hartwell Foundation donated soft drinks and bottled water. The Alice Ferguson Foundation provided cleanup supplies and Clean Fairfax Council, Inc. donated anti-litter incentive giveaway items.



Volunteers use a boat to transport some of the refuse removed from Belmont Bay.

OPINION

Trouble with VDOT

Taking down acres of trees with no warning and no good reason.

It's possible that it happened on Earth Day, but it was definitely sometime within a week of that day.

The Virginia Department of Transportation, without notice, bulldozed more than five acres of trees in at least three locations as part of preliminary work on widening the beltway for HOT lanes.

These trees were cleared in McLean, Tysons Corner and Springfield.

Apparently these trees were clear cut in order to make way for "staging areas," that is to say a place to park their equipment.

It's an example of the kind of reasoning that takes place at VDOT, and apparently there is more of it to come.

"The construction is going to start by us tearing down trees," said Nick Nicholson of VDOT at a public meeting about the HOT Lanes on April 30.

There is no shortage of parking lots anywhere around the Beltway. With a little creativity, and a little notice, VDOT could probably have leased an already-paved "staging area." The loss of the trees is no small thing, especially in consideration of widening a road like the Beltway.

A single tree with a 26-foot canopy can absorb the emissions of a vehicle driven 11,500 miles every year. Or so said Fairfax County officials in October 2007 when they launched the laudable goal of blanketing 45 percent of the county with tree cover by 2037. The county will plant 400 trees a year on county property to reduce pollution and energy costs.

Too bad the county apparently has no say on what VDOT does with property it "owns." VDOT officials should realize that property "owned by VDOT" actually belongs to the residents of Virginia. The tree cutting last month for "staging areas" probably set Fairfax County's efforts back by more than a year. And we'll note again that VDOT says there's more to come.

"We have held meetings five times in McLean and each time we mentioned the staging area. Did we say we would be clearing trees to construct that staging area? No," Nicholson admitted.

Those trees would also have had the effect of buffering residential and business areas from the noise and view of the Beltway traffic and construction. Three acres alone were across

from a middle school, where the trees could have helped clean the air from hundreds of thousands of vehicles a day passing by on the Beltway.

The additional tree canopy envisioned in Fairfax would have the capacity to absorb more than 10 million pounds of carbon dioxide annually, which could eliminate the need for \$1 million in greenhouse gas reduction services each year.

VDOT officials should undertake an immediate analysis of the way it operates. It must communicate better with local officials and residents. And it must realize that trees have value and take steps to preserve them whenever possible. Even if these sites were the only possible "staging areas," which we do not believe, at least a ring of trees should have been left around the perimeter to act as a buffer.

Construction for the "high occupancy toll lanes" is under way. We can only imagine what surprises lay ahead.

— MARY KIMM,
MKIMM@CONNECTIONNEWSPAPERS.COM,
703-917-6416

EDITORIAL

Meeting One Voter at a Time

Candidate in Democratic primary adopts old-fashioned method of campaigning.

BY DOUG DENNEY
CANDIDATE, 11TH CONGRESSIONAL DISTRICT

If you want to know how a candidate will serve you in Congress, just look at how they run their campaign. Career politicians send out slick mailers, use poll-tested rhetoric and make promises they do not intend to keep. And we know what career politicians have done to Washington.

Call me old fashioned, but I think the best way to run for office is to talk to real, live voters. I'll knock on a hundred doors or stand in

front of a busy Metro station all day just to talk to the people I will serve in Congress. It's not easy, but it's worth it.

I WONDER if I am the only candidate in the 11th District Democratic primary that is knocking on doors. Every day I find someone who is shocked that a congressional candidate actually showed up on their doorstep. One woman told me she had never actually met any politician she had voted for. What a shame.

COMMENTARY

Unkempt Medians

To the Editor:

It is ironic that you can complain via a Fairfax County Web page about a neighbor's lawn being too high but who to complain to about Fairfax County as the violator and the Virginia Department of Transportation and the lack of lawn maintenance on the medians? The grass height on traffic medians in the county look like we live in an area that cannot afford to maintain appearance. I called VDOT, they have done nothing. This has even pre-

sented itself as a safety issue when I try to make left turns and cannot actually see oncoming traffic in many cases at locations due to the grass height. So I reported VDOT to Fairfax County via their online lawn height complaint Web page but was told I had to contact VDOT directly.

We pay a ton of property and other taxes for Fairfax County to ignore this and put it on my as an individual. I bet somebody could get elected to office from Fairfax County just running on a platform that they will improve grass maintenance on common areas. I hear

from the county and VDOT that we don't have funds to keep up the maintenance. But at the same time the county has the nerve to increase our property tax rate and arbitrarily increase our land values so that our overall assessment remains the same even while our building values have decreased. I believe that potential homebuyers see the unkempt grass on the medians and that can detract from our property values. How to get this addressed?

Steve Delahunty
Fairfax

Cinderella

I'm the Cinderella that hasn't been transformed my pumpkin's turned to pie the mice are caught in mousetraps romance has died.

POEM

The slipper rubs a blister the ashes are still black the prince forgot the dance steps midnight brings regrets.

My fairy godmother is a man who dresses in a gown and all my stepmother ever gave to me were books of fairy tales to read.

— ROBIN HAMBY

THE CONNECTION

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7913 Westpark Drive
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NEWS DEPARTMENT:
To discuss ideas and concerns,
Call: 703-917-6444

Fax: 703-917-0991

e-mail:

burke@connectionnewspapers.com

Web Site:

www.ConnectionNewspapers.com

Michael O'Connell

Editor / 703-917-6440

Meghan Williams

Assistant Editor / 703-917-6449

Amber Healy

Community Reporter

703-917-6458

ahealy@connectionnewspapers.com

Julia O'Donoghue

Education and Politics

703-917-6433

Nicholas Horrock

Business and Transportation Editor

nhorrock@aol.com

Ken Moore

Courts & Projects

703-917-6417

Paul Frommelt

Sports Editor

703-917-6409

pfrommelt@connectionnewspapers.com

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Editor & Publisher

Mary Kimm

703-917-6416

mkimm@connectionnewspapers.com

Editor in Chief

Steven Mauren

Managing Editors

Steve Hibbard, Michael O'Connell,

Kemal Kurspahic

Photography:

Robbie Hammer, Louise Krafft,

Craig Sterbutzel

Art/Design:

Zohra Aslami, Kevin Cooper,

Laurence Foong, Paula Friedrich,

John Heinly, John Smith, Stu Moll,

Tam Nguyen, Wayne Shipp

Production Manager:

Jean Card

CIRCULATION: 703-917-6481

Circulation Manager:

Ann Oliver

CONNECTION NEWSPAPERS,

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CAMPS & SCHOOLS

Know something that should be featured in School Notes? Awards? Special events? School fairs? Fax a brief write-up to 703-917-0991. Or call Lea Mae Rice at 703-917-6459.

Samantha Doble of Hayfield Secondary School won first place in the State Science Fair for her project on Environmental Management for "The Microbial Bioconversion of Soy Isoflavone through Varying Strains of Saprophytic Bacteria."

The following students also won awards at the VSSEF: Varun Takanti of Fairfax High School, third place in Behavioral and Social Sciences; Russell Glorioso of TJHSST, honorable mention in Biochemistry; Madhav Nandipati of TJHSST, second place in Computer Science; Arielle Khan of TJHSST, third place in Earth and Planetary Science; Dawei Qi of TJHSST, third place in Energy and Transportation; Ryan Brewster of TJHSST, second place in Engineering: Electrical and Mechanical; Anirudh Saraswathula of TJHSST, third place in Medicine and Health Sciences; Bo Fan of TJHSST, third place in Physics and Astronomy; Christine Hiemstra and Rohit Dasgupta of TJHSST, third place in the Team Category.

Gunston Community Blood Drive, sponsored by the American Red Cross, will be held on Friday, June 6 from 3 - 7 p.m. at Gunston Elementary School Gym. Each blood donation can save the lives of up to three people. The goal is 40 units. Appointments are encouraged. Walk-ins are accepted. Contact Anne Gorham at 703-850-6843 to schedule donation.

GT Preparation/Critical Think-

ing sessions: Learning Fun School is now offering GT prep classes for rising first- and second-graders. Countywide testing will be done in fall, 2008. Critical thinking instruction addresses wide range of developmental levels and varied learning styles of children, which promotes higher level thinking skills by emphasizing the thought process rather than a specific answer. Simulated test papers are practiced which helps the students in various aspects of cognitive abilities testing. Ages- 7 and up. E-mail: mylearningfun@gmail.com.

Adults seeking a high school credential can now take advantage of low-cost GED classes and free practice tests to prepare for the General Educational Development (GED) Test. Offered through Fairfax County Public Schools' Adult and Community Education (ACE), the GED prep classes start up the week of May 12 and provide instruction in language arts reading and writing, mathematics, science, social studies, and test-taking strategies. Skill courses in reading, writing and math are also available. The 20 three-hour sessions cost \$52, or \$.86 per hour; textbook \$20. Virginia residency is not required.

Advance registration is required by calling 703-658-1201. For more information, view www.fcps.edu/aceclasses/DIS/OACE/ahsc or call 703-533-5466 or 703-660-2007.

Community and Recreation Services' Teen Services Division is offering five summer camps for Teens. While basically free, attending teens will need to provide their own lunch and there is a small fee for field trips. The camps will begin June 30 and end Aug. 7, running from 8:30 a.m. to 5:30 p.m.

Tentative sites are at the following middle schools — Poe, Hughes, Liberty, Irving and either Sandburg or Twain. Registration will begin April 15 and information can be picked up at the Teen Center Hub sites (South County Government Center, James Lee Community Center, Reston YMCA, Mott Community Center and Irving Middle School) at this time. Space is reserved on a first-come, first-served basis. Each camp is limited to 60 participants. Call 703-324-TEEN (8336), TTY 711.

Fairfax County Public Schools offers the services of a special education ombudsman for guidance and support. The eight ombudsmen are part of a network that provides assistance to parents who are navigating the special education process and feel they could benefit from the advice and knowledge of a more experienced and specially trained parent. Contact the Parent Resource Center at 703-204-3941. For a listing of the eight ombudsmen visit www.fcps.edu/DSSSE/ombudsmen/index.htm.

Fairfax County Public Schools (FCPS) offers **SAT preparation, study skills, and other enrichment courses** for secondary school students at several area schools including South County Secondary, West Springfield High School and Hayfield Secondary. For more information, visit the Web site at www.fcps.edu/DIS/OACE/prek12.html. Current FCPS students may submit registration and payment by mail, by fax or walk-in at any Fairfax County adult education registration center. For information, call 703-227-8453 or 703-227-8472 Monday through Friday during regular business hours.

AROUND TOWN

To submit an item to community notes, send an e-mail to south@connectionnewspapers.com or call 703-917-6440. Photos/artwork encouraged. Deadline is Friday.

The Fairfax County Park Authority has trail maps illuminating the network of over 200 miles of trails throughout the county. Visit www.fairfaxcounty.gov/parks/trailsframe.htm to download maps of the nationally recognized Cross County Trail and other popular stream valley trails. The maps show the nearest points to access a trail, the location of stream crossings, and provide trail descriptions and distances.

The Greater Chesapeake and Potomac (GC&P) Region of the American Red Cross reports a declining blood supply and low appointment rates. All eligible donors are invited to schedule a donation appointment at any blood drive or donor center, by calling 1-800-GIVE-LIFE. Platelet donors can call 1-800-272-2123 to schedule an appointment.

The Fairfax County Park Authority and Fairfax County Animal Shelter offer discounted dog-training courses to those who adopt a dog from the county shelter. Adoptive families who attend a Park Authority workshop receive a coupon for half-off tuition for the Park Authority Obedience I or Puppy Kindergarten class. Conditional upon completion of the course. For more about dogs available for adoption, visit www.fairfaxcounty.gov/police/animalservices or call 703-830-1100. For more, visit www.fairfaxcounty.gov/parks.



Me & Mom

Hayden Aspesi, now 8, and his mother, Sydney Sawyer of Clifton, take in the view from one of their favorite Maine hikes — the summit of Mount Champlain, Acadia National Park.

The Fairfax County Public Library Grants and Funding Research Center is located at Fairfax County Public Library, 12000 Government Center Parkway, Fairfax. Hours Monday-Friday, 8:30 a.m.-5 p.m. 703-324-8343

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KINDERGARTEN

Registrations are now being accepted for the 2008-2009 School Year. Two Virginia certified teachers per classroom. Program emphasizes language arts, math, computer literacy, science, social studies, social development, art, music and physical development.

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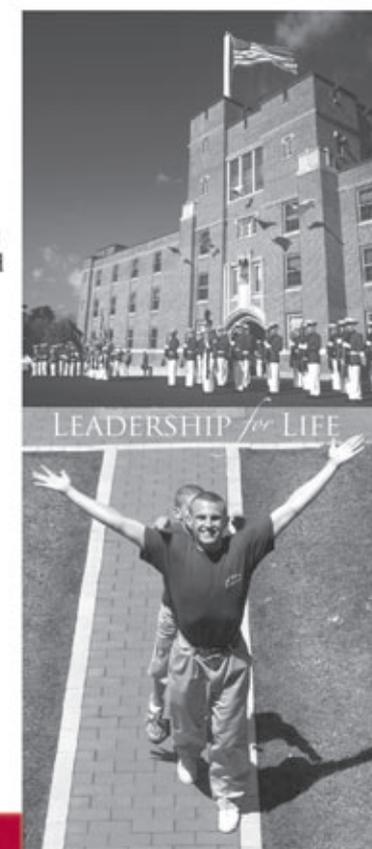
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For more information, please call toll free 1-800-946-7773 or email Scott Mangum at SMangum@Fishburne.org



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ON THE MENU

Send listings for food and drink events to southcalendar@connectionnewspapers.com or call 703-917-6440.

Big Band Dinner Auction with the West Springfield High School band boosters, including live music, silent auction and games. **Sunday, May 17**, 6 p.m. at the school cafeteria, 6100 Rolling Road, Springfield. Admission includes dinner and is \$20 for adults, \$10 for children 5-12. Visit www.wshsband.org/auction.

Cooking Class: Fast Food/Convenience Food. Sample the latest convenience foods on the market, plus open cans and boxes of organic food to make instant meals. No meat, poultry, fish, eggs, or dairy. Class includes recipes and food samples. Pre-registration required. **Sunday, May 18**, 10 a.m. to 1 p.m. at 9302 Hallston Ct., Fairfax Station. \$45 per person. Call 703-643-2713 for space availability or visit www.localdc.com/cooking.

Chick-Fil-A at Fair Oaks Mall hosts a free "Family Night" **every Wednesday**, 5-7 p.m., with different activities every week: make a seasonal art project to display in the store, get a glitter tattoo or animal balloon, play an instrument and march along in a parade with the Chick-fil-A Cow. Chick-fil-A is located inside the main entrance between Sears and Macy's at Fair Oaks Mall. Call 703-279-1883 or e-mail CFAEVENTS@aol.com for more.

The Northern Virginia Alliance on Smoking or Health announces the publication of "Your Springfield and Burke Guide to Smoke-Free Dining." The guide was published with grant funds from the Virginia Department of Health's Tobacco Use Control Project. The guide lists restaurants in Springfield and Burke that offer smoke-free dining.

The guide is available free of charge. To obtain a copy, visit the South Run REC Center, 7550 Reservation Drive, Springfield. To receive a copy by mail, call Fairfax County Community and Recreation Services at 703-324-5213.

LEISURE

More

For more information on the Ride of the Patriots, go to www.rideofthepatriots.com.

Start Your Engines

Fairfax prepares for 10th annual Ride of the Patriots on May 25.

BY AMBER HEALY
THE CONNECTION

For 10 years, the Sunday morning of Memorial Day weekend has meant one thing for motorcyclists and the patriotic in Fairfax: the Ride of the Patriots.

About 4,000 motorcycles from a handful of states are expected to gather at Patriot Harley Davidson, on Fairfax Boulevard, said Ken Lyons, coordinator of the event for the Fairfax County Chapter of the Harley Owners Group, better known as HOG.

"This is our 10th anniversary ride and we're expecting a really big turnout," said Lyons.

In years past, the motorcycles have taken up two lanes on eastbound Fairfax Boulevard, stretching from Patriot to Captain Pell's restaurant, over a mile down the road. Last year, over 3,500 motorcycles rode in the parade, which travels from the Harley dealership to the Pentagon, where it joins with the national Rolling Thunder ride.

The annual event is a tribute to veterans, past and current, as a way of honoring those who served and remembering those who did not return home from Vietnam, Lyons said.

"Personally, I think it's a great way to show the media that people do support the troops," he said.

SPECTATORS LINE UP along Fairfax Boulevard and Nutley Street and crowd onto overpasses along eastbound Interstate



Adorned with the Stars and Stripes, this helmet at the 2007 Ride of the Patriots served as a reminder of the event's mission: to remember and honor those who served in America's armed forces.

66, waving their hands, flags and banners as the bikers pass by.

"The City of Fairfax has started bringing out bleachers for us because so many people come out to watch," said Don Whitmore, a volunteer organizer of the event and HOG member.

The morning begins early, with motorcycles lining up at 6 a.m. A small ceremony, including the Fairfax High School Marching Band, a group of bagpipers and comments from elected officials, begins at 8 a.m.

"I think it's a great way to show the media that people do support the troops."

— Ken Lyons

This year's keynote speaker is Sgt. Maj. Kenneth O. Preston, the highest-ranking enlisted member of the U.S. Army.

"We had a representative from the Coast Guard last year and we wanted something different," Whitmore said. Through a friend, Whitmore was able to secure offers from both the Army and the Marines, both eager to participate in the Memorial Day weekend event honoring the troops.

When Preston leaves the parking lot for the parade, he will be riding on a custom-built motorcycle, made by the popular Orange County Choppers group, well known from the show on the TLC Network.

"The Army has used that chopper for recruiting new officers during Bike Week in Daytona," Whitmore said. "It's a really pretty bike, very unusual looking."

Shortly before 9 a.m., members of the HOG group will take the stage, also donated by the City of Fairfax, to direct all riders to start their engines. With up to 4,000 motorcycles starting simultaneously, it is sure to be a noise to drown out the cheering crowd.

Riders, led by Preston and HOG members, will travel east on Fairfax Boulevard to Nutley Street and continue on Interstate 66 to the Pentagon. "Last year, we left Patriot at 9 a.m. and when I pulled into the Pentagon lot at 9:50, the last bike had just driven by Patriot," Whitmore said. "That's about 13 miles of motorcycles."



In 2007, over 3,500 motorcycle riders lined up along Fairfax Boulevard in preparation for a group rides to the Pentagon and the National Mall.

PHOTOS BY MICHAEL O'CONNELL/THE CONNECTION

CALENDAR

To have community events listed, send to southcalendar@connectionnewspapers.com or call 703-917-6440 with questions. Deadline is Friday.

THURSDAY/MAY 15

Golf Tournament. Lorton Arts Workhouse Classic golf tournament is 9 a.m., at Laurel Hill Golf Club, 8701 Laurel Crest Drive, Lorton. Registration 8 a.m. Call 703-517-4548 or 703-495-0001 or see www.lortonarts.org.

Rocky Gutterman, through May 17 at Kate's Irish Pub, 6131 North Backlick Road, Springfield. Call 703-866-0860 or visit www.katesirishpub.com.

FRIDAY/MAY 16

Rocky Gutterman, through May 17 at Kate's Irish Pub, 6131 North Backlick Road, Springfield. Call 703-866-0860 or visit www.katesirishpub.com.

Dying Fetus, Sworn Enemy, Origin, Thy Will Be Done, Fallen Martyr, Headache, Suffer No More. All ages. \$15 in advance, \$18 day of. 6:30 p.m. at Jaxx Night Club, 6355 Rolling Road, Springfield. Tickets available at the club or through Ticketmaster. Call 703-569-5940 or visit www.jaxxroxx.com.

Nature Night Hike. Nighttime stroll over wooden terrain and look for nightlife. Participants will learn about nocturnal activities of forest residents. Dress for the weather and bring a flashlight. Hike is appropriate for children 7 and older. \$5 per adult, \$3 for children under 16, prepaid reservations required. Meet at the Visitors Center Lake Accotink Park, 7500 Accotink Park Road, Springfield, 703-569-3464.

Ponderings - Scavengers. A naturalist unveils the strange world

and diet of scavengers. \$4 per person, prepaid reservations required. 4-5 p.m. at Hidden Pond Nature Center, 8511 Greeley Blvd., Springfield, 703-451-9588.

"Three for the Show," three one-act plays from the Greenspring Players theater group of Springfield, featuring comedy, drama and mystery. \$5 per person. 7 p.m. at the Greenspring Retirement Community's Village Square Theater, 7410 Spring Village Drive, Springfield. Contact Dot Brown at 703-451-1537 to purchase tickets and for information. Continues Saturday.

Bike to Work Day. Join area commuters for a celebration of bicycling as a way to get to work. Bikes can ride free on Metrorail and Metro buses for the day. For more information, including a list of local events, visit www.waba.org.

SATURDAY/MAY 17

Arthritis Walk. The Arthritis Foundation's signature event features a three-mile and one-mile course at Robinson Secondary School, 5035 Sideburn Road, Fairfax. Registration is 9 a.m. and walks are 10 a.m. For more see http://arthritiswalk.kintera.org/fairfax.

Rocky Gutterman at Kate's Irish Pub, 6131 North Backlick Road, Springfield. Call 703-866-0860 or visit www.katesirishpub.com.

Battle of the Bands with more than 15 groups. All ages. Noon at Jaxx Night Club, 6355 Rolling Road, Springfield. Tickets available at the club or through Ticketmaster. Call 703-569-5940 or visit www.jaxxroxx.com.

Joint Concerts by Messiah and

SEE CALENDAR, PAGE 14

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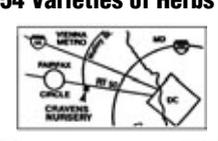
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CALENDAR

FROM PAGE 13

Aldersgate United Methodist Churches

featuring Rutter's *Manificat* and smaller works. Two performances: 3 p.m. at Messiah UMC, 6215 Rolling Road, Springfield, 703-569-9862 and 8 p.m. at Aldersgate UMC, 1301 Collingwood Road, Alexandria, 703-765-6555.

Big Band Dinner Auction with the West Springfield High School Band

boosters, including live music, silent auction and games. 6 p.m. at the school cafeteria, 6100 Rolling Road, Springfield. Admission includes dinner and is \$20 for adults, \$10 for children 5-12. Visit www.wshsband.org/auction.

Nature Nook with a Book - Reptile Love

Hidden Pond's naturalist presents a free, all-ages program about reptiles. 10:30-11:30 a.m. at Richard Byrd Library, 7250 Commerce St., Springfield. For reservations, call 703-451-8055.

World Children's Choir

seasonal concert featuring selections from Mozart's "The Magic Flute" and music from Austria, Canada, China, Korea, Italy, Japan, Turkey and the United States. 7 p.m. at the Ernest Cultural Center Theater, NOVA Community College, 8333 Little River Turnpike, Annandale. Tickets are \$20 for adults, \$15 for children, students and seniors. Visit www.WorldChildrensChoir.org or call 703-883-0920.

Hike Pohick and South Run Valley Stream Parks

enjoy spring with a 10-mile one-way hike at a moderate pace following the water flow from Mercer and Burke Lakes towards Chesapeake Bay Watershed. Meet at 9:30 a.m. in the cul-de-sac near 7800 Creekside View Lane, Springfield.



The World Children's Choir's seasonal concert is Saturday, May 17.

Bring water and lunch, no pets. Contact Henri Comeau at HenCom75@msn.com or 703-451-7965.

Heather Hill Gardens Herb Festival

with a British tea party theme, will be 10 a.m.-4 p.m. at 8111 Ox Road, Fairfax Station. Visitors will be able to taste and get recipes for herbal tea party favorites, learn about growing culinary herbs, and container gardening. Planting demonstrations at 11 a.m. and 2 p.m. Admission is free, visitors can take home a free herb plant. Call 703-690-6060.

Choir Concert. Grace Presbyterian Church

presents a concert by the multicultural interfaith choir Mosaic Harmony and the Grace Church Choirs, 7 p.m. at the church, 7434 Bath St., Springfield. Free, but offering will be collected for Middle East ministries. Reception will follow. Call 703-451-2900 or visit www.gracepresby.org.

"Three for the Show," three one-act plays from the Greenspring Players theater group of Springfield, featuring comedy, drama and mystery. \$5 per person. 2 p.m. at the Greenspring Retirement Community's

Village Square Theater, 7410 Spring Village Drive, Springfield. Contact Dot Brown at 703-451-1537 to purchase tickets and for information. Begins Friday.

SUNDAY/MAY 18

Karaoke at Kate's Irish Pub, 6131 N. Backlick Road, Springfield. Call 703-866-0860 or visit www.katesirishpub.com.

Up In Smoke Fest featuring A Life Once Lost and others.

Rescheduled from May 4. All ages. 1 p.m. at Jaxx Night Club, 6355 Rolling

Road, Springfield. Tickets available at the club or through Ticketmaster. Call 703-569-5940 or visit www.jaxxroxx.com.

Potting Party and Plant Exchange.

The Old Dominion Chrysanthemum Society presents a hands-on descriptive program with Bonnie Mirmak on how to prepare soil for potting. Attendees will take home their free potted mum, and are asked to bring one of their own potted and labeled seedling or divided perennial to exchange with a fellow gardener. 2:30 p.m. at the Falls Church Community Center, 223 Little Falls St., Falls Church. Open to the public, free admission and refreshments. Call Jim Dunn at 703-560-8776.

MONDAY/MAY 19

Art in Lorton. Learn about Lorton's Workhouse Arts Center. View a sideshow on the former Lorton Prison site's history and hear about the artist studios, art gallery, events center, museum, restaurants and more. Adults. 7:30 p.m. at the Lorton Library 9520 Richmond Highway, Lorton, 703-339-7385.

Open Mic at Kate's Irish Pub, 6131 North Backlick Road, Springfield. Call 703-866-0860 or visit www.katesirishpub.com.

Candlemass, Daylight Dies, Twister Tower Dire, Withersoul, Wisteria.

All ages. \$25 in advance, \$28 day of. 7:30 p.m. at Jaxx Night Club, 6355 Rolling Road, Springfield. Tickets available at the club or through Ticketmaster. Call 703-569-5940 or visit www.jaxxroxx.com.

SEE CALENDAR, PAGE 16



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BULLETIN BOARD

To have community events listed in the Connection, send to southcalendar@connectionnewspapers.com or call 703-917-6440. Deadline is Friday.

THURSDAY/MAY 15

Planning Commission Meeting.

8:15 p.m. at the Fairfax County Government Center Board auditorium, 12000 Government Center Parkway, Fairfax. Contact Linda Rodeffer at 703-324-2865.

Networking Mixer. 5-7 p.m. at Cox Business Services, 7741 Southern Drive, Springfield. Members and visitors, free; others \$15.

SATURDAY/MAY 17

Republican Convention – 11th Congressional District.

West Springfield High School, 6100 Rolling Road, Springfield.

Participants will choose delegates to the Republican National Convention, some party officeholders and more. Congressional nomination information TBA. For registration details, contact 703-352-1337.

11th Congressional District Democratic Convention.

Scheduled speakers include U.S. Sen. Jim Webb, State Sen. Dick Saslaw and the four candidates seeking the Democratic nomination for Congress in the district. Participants will elect

national delegates and an alternate to the Democratic National Convention in Denver. Noon at Robinson Secondary School, 5035 Sideburn Road, Fairfax. Registration begins at 11 a.m. Contact George Burke at georgeburke@cox.net or call 202-288-2104.

TUESDAY/MAY 20

Review of BRAC APR nominations at the Woodlawn Community Business Center, and presentations of the Hilltop and Pallone Plan Amendment.

7 p.m. at the West Springfield Governmental Center, 6140 Rolling Road, Springfield. Visit

www.fairfaxcounty.gov/dpz/apr/brac/taskforce.htm.

Celebration of national foster care month,

honoring people whom make a different. Noon at the Adolescent and Family Growth Center, Inc, 8000 Forbes Place, Suite 201, Springfield. For information about the center, the event or foster care month, contact Sara Sherri at 703-425-9200.

WEDNESDAY/MAY 21

Springfield Mall Update Lunch.

Join Greater Springfield Chamber of Commerce members and guests for an update on the redevelopment of Springfield Mall. The mall project

includes multiple phases and will include interior and external facing retail, office space, a hotel, civic component, green space, etc. Networking 11 a.m., lunch at noon, 12:30 p.m. program, at the Springfield Golf and Country Club, 8301 Old Keene Mill Road. Advanced registration required, visit www.springfieldchamber.org.

Volunteer Awards Reception with OAR of Fairfax County, Inc.

State Sen. Janet Howell (D-32) will be the keynote speaker, 6:30 p.m. at the Waterford at Fair Oaks, 12025 Lee Jackson Memorial Highway. For information call 703-246-3033, e-mail info@oarfairfax.org or visit www.oarfairfax.org.

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CALENDAR

FROM PAGE 14

TUESDAY/MAY 20

Shapes and Sizes. Stories, Activities and a craft. Age 2-5 with adult. 10:30 a.m. at the Lorton Library 9520 Richmond Highway., Lorton, 703-339-7385.

Spring Concert by the West Springfield High School Band, 7:30 p.m. at the school, 6100 Rolling Road, Springfield. Free. Additional concert Wednesday. Visit www.wshsband.org.

WEDNESDAY/MAY 21

Book Club. "The Mayor of Casterbridge" by Thomas Hardy. Adults. 7:30 p.m. at the Lorton Library 9520 Richmond Hwy., Lorton, 703-339-7385.

Scum of the Earth, Ekotren, Rikets. All ages. \$12 in advance, \$14 day of. 7 p.m. at Jaxx Night

Club, 6355 Rolling Road, Springfield. Tickets available at the club or through Ticketmaster. Call 703-569-5940 or visit www.jaxxroxx.com.

Spring Concert by the West Springfield High School Band, 7:30 p.m. at the school, 6100 Rolling Road, Springfield. Free. Additional concert Tuesday. Visit www.wshsband.org.

THURSDAY/MAY 22

Jack Hidle, through May 24 at Kate's Irish Pub, 6131 North Backlick Road, Springfield. Call 703-866-0860 or visit www.katesirishpub.com.

FRIDAY/MAY 23

Jack Hidle, through May 24 at Kate's Irish Pub, 6131 North Backlick Road, Springfield. Call 703-866-0860 or visit www.katesirishpub.com.

Ponderings - Pond Explorations. Net tadpoles and other critters and

watch a Mondo Pondo presentation. Dress to get messy. \$5 per person, reservations required. 4-5:30 p.m. at Hidden Pond Nature Center, 8511 Greeley Blvd., Springfield, 703-451-9588.

SATURDAY/MAY 24

Jack Hidle at Kate's Irish Pub, 6131 North Backlick Road, Springfield. Call 703-866-0860 or visit www.katesirishpub.com.

MAYHEM show featuring 10 bands. All ages. \$10 in advance, \$12 day of. 2 p.m. at Jaxx Night Club, 6355 Rolling Road, Springfield. Tickets available at the club or through Ticketmaster. Call 703-569-5940 or visit www.jaxxroxx.com.

Sunset Cruise. Admire the sunset and relax cruising the lake shoreline. An interpretive history of the park and area is included. Beverages served on board. \$5 per person, reservations required. 7:30 p.m. at Lake Accotink Park, 7500 Accotink Park Road, Springfield, 703-569-3464.

Butterfly Days. Hand decorate paper butterflies and hang them on a special tree. These butterflies symbolize the new beginning for children within the Foster Care system. 10 a.m.-5 p.m. in JC Penney Court at Springfield Mall, 6500 Springfield Mall. Call 703-971-3600.

SUNDAY/MAY 25

Karaoke at Kate's Irish Pub, 6131 North Backlick Road, Springfield. Call 703-866-0860 or visit www.katesirishpub.com.

MONDAY/MAY 26

Memorial Day.
Open Mic at Kate's Irish Pub, 6131



Get an overview of Lorton's Workhouse Arts Center with a slideshow and lecture Monday, May 19.

North Backlick Road, Springfield. Call 703-866-0860 or visit www.katesirishpub.com.

Mall. Visit www.springfielddays.com.

FRIDAY/MAY 30

Springfield Days Festival. This annual community celebration has expanded to four days of family fun, featuring a parade through downtown Springfield, children's rides and games, food, an art show, an entertainment stage, outdoor movie and more. Burger King Family Festival with Children's Rides and Games, 10 a.m.-9 p.m. at the Springfield Mall; Old-fashioned barbecue at American Legion Post 176, 5-9 p.m.

WEDNESDAY/MAY 28

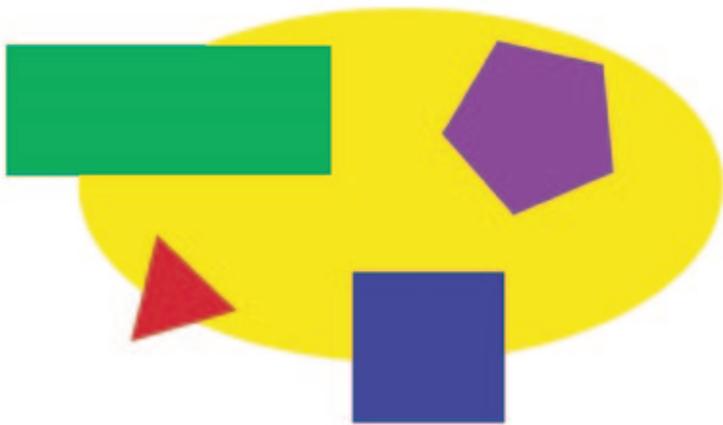
An Evening of Jazz 2008: Jazz Through the Decades at South County Secondary School, 8501 Silverbrook Road, Lorton. 6:15 p.m. dinner, 7 p.m. performance. \$8 per person for dinner and show, pre-order only. \$3 for dessert and show with admittance at 6:45 p.m. Visit www.southcountyarts.org.

THURSDAY/MAY 29

Springfield Days Festival. This annual community celebration has expanded to four days of family fun, featuring a parade through downtown Springfield, children's rides and games, food, an art show, an entertainment stage, outdoor movie and more. Burger King Family Festival with Children's Rides and Games, 4-9 p.m. at the Springfield

SATURDAY/MAY 31

Car, Truck and Motorcycle show to benefit the South County Secondary School Automotive Tech Center. Show includes all make/models of cars, trucks and motorcycles, as well as a chili cook-off and automotive flea market. Visit www.southcountycarshow.org.



Learn about shapes and sizes Tuesday, May 20 at the Lorton library with activities for ages 2-5.

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COMMUNITY

South County Federation

FROM PAGE

plained that two different sets of plans existed, one of which included the traffic light. However, VDOT never approved the use of either a traffic light or stop sign, and the final proposal submitted to and accepted by Fairfax County did not include a traffic light.

Members of the Federation passed a resolution reinforcing their strong support of the four-way stop sign, asking VDOT to keep the sign where it is instead of removing it, as VDOT has planned.

Hyland also reminded the Federation that the Board of Supervisors approved dedicating \$10 million over the next two years for the construction of South County Middle School.

At first, County Executive Anthony Griffin suggested that the money be used to build a wing on South County Secondary School, which has been overcrowded since shortly after it opened in 2005. However, Hyland, along with Supervisor Pat Herrity (R-Springfield) and Board Chairman Gerry Connolly (D-At large) changed the motion and restricted the money's use to new school construction only.

Later in the meeting, Federation Education chair Christine Morin reported that Dean Tistadt, chief operating officer for the Fairfax County Public School's Office of Facilities and Transportation, would be giving the School Board a presentation on all possible solutions to South County's overcrowding during a meeting on Friday, May 23.

"I know Dean is going to want to use the money for a wing, but he can't," Hyland said. "They can forget about building a wing because they can't use this money for it."

Morin and a few other people at the meeting applauded Hyland's announcement and thanked him for his dedication to the middle school. She also updated the Federation about progress on the new elementary school in Laurel Hill. Construction, which began in February, is "going by leaps and bounds," Morin said, and meetings regarding the school's curriculum are starting to be scheduled. The new school is slated to open in September 2009.



PHOTO COURTESY OF JOE CHUDZIK

Snapshot Laura Grape and her dog with Kevin Brugman and his sons on take advantage of the recently omlpleted section 3 of the Mason neck Trail.

AROUND TOWN

Franconia Museum, located in the Franconia Government Center building at 6121 Franconia Road, Franconia, is open Monday, Wednesday and Saturday from 10 a.m.-2 p.m. Members of the Board of Directors staff the museum and are on hand to take questions and discuss local history. The Franconia

Museum is a private, non-profit local history museum dedicated to preserving the past, present and future of the Franconia area in pictures, artifacts and stories. On Wednesdays, Jac Walker is on hand to help Franconia residents begin writing their personal story of growing up in the area.

The Fairfax County Park Authority has trail maps illuminating the network of over 200 miles of trails throughout the county. Visit www.fairfaxcounty.gov/parks/trailsframe.htm to download maps of the Cross County Trail and other popular stream valley trails.

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COMMUNITY

Pot Growing, Dealing Yields Jail Time

FROM PAGE 3

detective explained the case against Rouse. He said investigation had revealed Rouse was manufacturing and distributing marijuana in Northern Virginia.

DURING THE SEPT. 11 search of the Union Mill home, police discovered a hidden door inside a closet built to conceal stairs leading to the basement. There, in the basement, wrote the detective, "an elaborate marijuana-grow operation was located. [I] observed numerous marijuana plants at different stages of growth, [plus] harvested marijuana hanging in the basement drying."

Items seized from that home included the marijuana plants — some 4 to 5 feet tall; harvested marijuana; two, black-powder rifles; and eight, marijuana grow-lights.

Charged with manufacturing marijuana, Rouse pleaded guilty March 24, in Circuit Court, and returned Thursday, May 8, for sentencing. First, though, defense attorney Lance Gardner called substance-abuse counselor Maria Patricia Vasquez to testify for his client.

She's with the county's Alcohol and Drug Services Program and said Rouse underwent group counseling from November 2007 until he was incarcerated in April. "He seemed serious about the consequences of his drug use and was able to remain clean in an outpatient facility," said Vasquez.

Attorney Marc Birnbaum, Rouse needed to pay a price for his actions. "Your Honor, you see in this courtroom the detrimental impact of narcotics in our community," said Birnbaum. "Many crimes are committed for the money to buy drugs, or as a result of being under the influence of drugs — and the defendant is at the top of that pyramid, growing 10.3 pounds of marijuana."

Referring to the fact that Rouse initially told authorities that the pot he'd grown was for his own, personal use, Birnbaum said, "The commonwealth is incredulous about that. This is a significant crime, a significant grow operation and a significant amount of marijuana, and his punishment should be measured in years."

Gardner said Rouse had a 25-year drug habit and started growing marijuana to finance that habit. "He sold it to the old, Hippie crowd," said Gardner. "He and they all smoked every day — a lot. It wasn't going out to high schools. Mr. Rouse is 53-years old and has never had a criminal offense in his life."

"The 62 or 63 people who wrote letters on his behalf extend way beyond his customers," said Gardner. "There's a wide variety of people who know and trust him, and a number of friends and relatives have come here today to support him. He smokes dope, but he's not a bad guy."

Saying Rouse is "no longer a threat to this community," Gardner asked Wooldridge to place him on pro



Rouse

SEE POT GROWING, PAGE 23

NONETHELESS, said Assistant Commonwealth's

HEALTH NOTES

Health notes are for support groups, exercise classes, blood drives and similar events open to the public at no or minimal cost. Send information to south@connectionnewspapers.com or call 703-917-6440. Deadline is Friday.

other ways to help, contact Michael Ariale at 703-866-3733 or NVAmarrowdrive@yahoo.com. Or contact Juliette Williams of the NMDP at 1-888-814-8610 or by visiting www.marrows.org.

As part of his Eagle Scout Project, **Michael Ariale** is hosting a **Bone Marrow Donor Registry Drive** with The National Marrow Donor Program at Burke Presbyterian Church, 5690 Oak Leather Drive, Burke, on **Saturday, May 17**, 9 a.m.-1 p.m. The first step to becoming a volunteer donor is to join the NMDP Registry. Anyone who meets the health guidelines and is age 18-60 can join the registry. After completing a brief health questionnaire, volunteer donors have a cheek swab for tissue testing and sign a consent form. To find out more about marrow transplantation, registering for the May 17 drive, and

The Arthritis Walk is the national Arthritis Foundation's annual signature event that raises funds and awareness to fight arthritis. May is National Arthritis Month, and the event is **Saturday, May 17**, at Robinson Secondary School, 5035 Sideburn Road, Fairfax. Participants can choose a 1-mile or 3-mile walk.

Register online at <http://arthritiswalk.kintera.org/fairfax>. Day-of registration begins at 9 a.m., walk begins at 10 and will last until about noon with other family activities to follow. Other Arthritis Foundation events can be found at www.arthritis.org.

Inova Health System's Congregational Health Partnership has been named a 2007 Healthy Hero Award winner. The Healthy Hero Awards program was created by the Amerigroup Foundation to recognize teachers, schools, physicians and community-based organizations that have demonstrated outstanding leadership or innovation in the area of health promotion.

Inova's Congregational Health Partnership was selected for its efforts in addressing health promotion in the context of a mind-spirit-body connection in the Northern Virginia area. The Partnership's outreach stresses primary prevention and is innovatively done through health ministries in multi-faith communities. As part of the award, the Amerigroup Foundation is donating \$1,000 to the Inova Health System Foundation.

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Dunleavy's Goal Lifts Rams To Concorde Title

Junior scores in closing seconds to secure Robinson girls lacrosse victory.

BY NICOLAS A. LAMONT
THE CONNECTION

Knotted at 13 in the closing seconds, the Concorde District girls lacrosse championship seemed destined for overtime. No. 2 Robinson and No. 1 Chantilly had battled back and forth since the opening faceoff Friday night at Fairfax High School. Robinson junior Megan Dunleavy brought the game to a sudden end as she found herself with an open shot that found the back of the net just as the final horn sounded to give the Rams a 14-13 win.

"I was just running down and I saw Allie

GIRLS LACROSSE

ROBINSON	14
CHANTILLY	13

[Kimmelman] so I threw it to her, she got doubled and I was just wide open in the center. It was just the perfect set up," said Dunleavy, who scored a game-high six goals.

ROBINSON (10-3) handed Chantilly (11-1) its first loss of the season and avenged an 13-11 overtime loss at the hands of the Chargers on March 31.

"They are a phenomenal team, we knew it all year. The first time we played them, we got caught back on our heels really early, so we just had to make sure we answered back to everything they did and we did a pretty good job of doing that," said Robinson head coach Alison Neun.

The Rams fell behind early as Chantilly quickly struck twice in the first two minutes of the game but Robinson fought back to gain a 6-5 lead with 10 minutes 43 seconds left in the first half on an unassisted goal by junior Sarah Moody, her second of three on the day. Robinson would not trail the remainder of the game.

"Robinson is an excellent competitor, they are always out to in. This game was [decided by] one point, the last one was two



ROBINSON'S ROAD TO VICTORY

Date	Opponent	W/L	Score
3/13	Lake Braddock	W	15-6
3/24	Loudoun Valley	W	12-10
3/26	Woodson	W	15-12
3/29	Paul VI	W	11-5
3/31	Chantilly	L	13-11
4/4	Centreville	W	21-2
4/8	Herndon	L	12-11
4/10	Westfield	W	11-10
4/18	Oakton	W	14-10
4/22	Fairfax	W	20-5
4/25	Georgetown V.	L	15-7
5/1	Fairfax	W	21-5
5/5	Westfield	W	15-5
5/9	Chantilly	W	14-13

points. It's always neck and neck and Robinson just got this one in the win column," said Chantilly head coach Michele Gates.

The Rams took a 10-7 lead into halftime and survived Chantilly comeback attempts as the Chargers tied the game twice in the second half. Chantilly junior Brittany Griel led the charge in the second half, recording two goals and an assist in the final frame but three second-half goals by Dunleavy and a defense that did not allow a goal for the final 11 minutes of the game gave Robinson the title. Robinson's offense keyed them through the Concorde District tournament as they outscored their opponents, 50-23, in the three victories to take the conference crown. Neun, however, believes that it was the Ram's defense allowed them to claim the title.

"We talked about going into the tournament that the offense wins the games, when you go into tournaments it's the defense that wins the championships," said Neun.

NOTE: The Rams followed up their victory with a 19-3 win over Edison in the first round of the Northern Region tournament.



PHOTOS BY CRAIG STERBUTZEL/THE CONNECTION

Robinson junior Megan Dunleavy scored a game-high six goals, including the game-winning goal in the final seconds, to lead the Rams to a 14-13 win over Chantilly in the Concorde District finals.



The Robinson girls lacrosse team stands behind their Concorde District championship banner.

McKeag

HIGH SCHOOL WIRE

Robinson's **Matt McKeag** has stepped down from his post as the Rams' boys basketball head coach to take a job at Varina High School in Richmond. Last season, McKeag lead the Rams to a 9-11 finish and a 7-5 mark in the Concorde District after starting out 0-5. Robinson is accepting resumes the vacant position. Resumers can be sent to Michael.McGurk@fcps.edu. The job will close on Tuesday, May 20.

Woodson baseball senior **Jacob Morely** was named Co-Player of the Year for the Liberty District. Morely, who will play at the

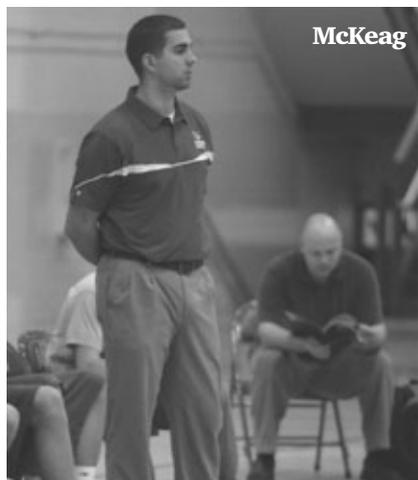
Virginia Military Institute next year, hit .413 with three home runs and 12 RBI for the Cavaliers during the regular season. The Cavs beat Thomas Jefferson on Tuesday night, 11-1, to advance to the second round of the Liberty District tournament.

South County has hired **Chrissy Kelly** as the Stallions' new girls basketball head coach. Kelly, who was an assistant coach at George Mason University last year, served as the head girls coach at Forest Park High School from 2000 to 2007. Kelly's squads won two AAA Virginia State championships in 2004 and 2006. Kelly was named AAA State Coach of the Year in those years and

was a four-time AAA Cardinal District Coach of the Year. Forest Park won four district titles and three region titles during her tenure.

In a rematch of last year's Concorde District boys tennis singles final, Robinson's **Drew Courtney** beat Fairfax's **Sid Balaji**, 4-6, 7-5, 6-3, to win his fourth consecutive district title. Courtney lost the first set, 6-4, to Balaji, but fought back to win the second set, 7-5. At 5-3 in the third set, Courtney left no doubts about the outcome, ripping a backhand

SEE HIGH SCHOOL WIRE. PAGE 20



SPORTS



PHOTO BY MICHAEL O'KEEFE

The Thomas Jefferson Men's First 8 receives gold medals. Front, holding Eric Rothstein trophy, coxswain Raj Goel (Herndon). Back row, from left, Stephen Mathews, Chris Rutley, Chris Gear, Nolan Pollack, Nader Al-Naji, Patrick Collard, Colin Haas, Phil Grisdela.

Jefferson Crew Wins Gold at States

For the Jefferson Colonials, last Saturday's Virginia Scholastic Rowing Championship had a special significance. The regatta included a ceremony in memory of former Jefferson rowing coach Eric Rothstein, who was killed in 2001. Driven by their desire to honor Rothstein and to continue their decade long winning streak, Thomas Jefferson's Men's Varsity 8 quickly took the lead in the finals and raced to a gold medal finish. Also finishing in first place for Jefferson were the Women's 2nd 8 and the Men's 3rd. Taking home silver for the Colonials were the Men's 2nd 8 and Women's 3rd 8. Next week, TJ will compete in Philadelphia for the prestigious Stotesbury Cup, with the Men's Varsity 8 and Women's 2nd 8 defending their championship titles.

SUMMER CAMPS

South County will hold its summer **boys basketball** camp in three sessions this July. The first session will be held from July 14 to July 18. The second session will be held from July 21 to July 25 and the third session will be held from July 28 to August 1. Each session will be held from 9 a.m. to 3 p.m. and are open to ages 18 to 15. The camp will cost \$180. For more information, call South County boys head coach Mike Pflugrath at 703-446-1680 or email at Michael.Pflugrath@fcps.edu. For the latest information, go to www.StallionSports.org.

South County Athletic Boosters present a Summer 'Real' **Girls Lacrosse** Camp from June 22 to June 25 from 5 p.m. to 7 p.m. First graders through junior varsity-level players are welcome. At the camp, rookies will learn solid basic skills and positioning in game-like situations. Experienced players will learn skills necessary to play in high school with emphasis on defensive techniques. The cost of the game will be \$80. For further information and a registration form, check www.stallionsports.org or contact Barbara Mahony at 703-446-1681 or email at Barbara.Mahony@fcps.edu.

The South County Athletic Boosters present the Stallion **Field Hockey** camp, running from June 23 to June 27 from 9 a.m. to 12 p.m. at the South County Athletic Complex. Rising second through ninth graders are eligible. The cost of the camp will be \$150. For more information, contact Leah Conte at 703-446-1571 or email at leah.conte@fcps.edu. Visit www.stallionsports.org to download a brochure.

Lake Braddock will hold two **baseball** camps this summer. The Future Stars Little League Camp, for ages 7-12, will run for three sessions.

The first session will run from June 23 to June 27. The second session will run from June 30 to July 3 and the third will run from July 14 to July 18. Each session will cost \$140. Attending two sessions will cost \$250. Three sessions will cost \$350. The Bruins' Big Diamond Development Camp, for ages 13-16, will run for two sessions. The first session will run from July 7 to July 11 and the second camp will run from July 21 to July 25. The cost will be \$140 for one session or \$250 for both. Each camp will run from 8 a.m. to 2 p.m. For more information, visit www.lakebraddocksports.org.

The 2008 Lake Braddock Bruins **Girls Basketball** Camp will run from June 30 to July 3 for third graders to rising freshman. The camp will run from 8 a.m. to 2 p.m. The cost will be \$140. For more information, feel free to contact the Lake Braddock basketball office at 703-426-1068.

The 2008 Lake Braddock Bruins **Boys Basketball** camp will run for three weeks this summer. The first week, for third graders to rising freshman, will run from June 23 to June 27. The second week, for third graders to rising freshman, will run from July 7 to July 11. The third week, for rising seventh graders to rising seniors, will run from July 14 to July 18. Each week will run from 8 a.m. to 2 p.m. The cost will be \$175 per week. For more information, feel free to contact the Lake Braddock basketball office at 703-426-1068.

The West Springfield High School **boys basketball** program will be holding three weeks of basketball camps this summer. The first week – the "offensive camp" – will run from June 30 to July 3 from 1 p.m. until 4 p.m. and will cost \$100. The Spartans will also have two full-week, all-day camps July 7 to July 11 and July 21 to July 25, which will run from 9 a.m. to 3 p.m. Both sessions will cost \$150. Further information and registra-

HIGH SCHOOL WIRE

FROM PAGE 19

winner, an ace out wide to the backhand, a serve wide to the forehand and backhand volley winner and an ace on match point. In the consolation final, the Rams' **Kevin Castellow** beat Fairfax's **Jason Luu**, gaining revenge for his only district loss of the season.

In the doubles finals, Courtney and **Stephen Hardy** were bested by the Rebel team of Balaji and Luu.

The **Northern Virginia Football Officials Association** (NVFOA) is seeking new members for its 2008 training class who can become on-field game officials and electronic clock operators for games at the youth, middle school, and high school levels throughout the Metropolitan area. NVFOA is the sole supplier of football officials to all high schools in the Virginia counties of Arlington, Fairfax, Prince William, Loudoun, and Fauquier. NVFOA also supplies officials to numerous private schools in Northern Virginia, Maryland, and the District of Columbia. The NVFOA seeks 18-year-old and over men and women who have a desire to be a part of the most popular scholastic game in America. Information and application forms are available at our web site www.NVFOA.com or you can contact Commissioner Dennis Hall at 540-837-1316 or Email commissioner@nvfoa.com.

The Connection will publish community sports news, notes and results at no charge. Send notices by Email to pfrommelt@connectionnewspapers.com, ATT: Community Sports. Deadline is Tuesday by noon. Announcements will be run on space available. Call sports editor Paul Frommelt at 703-917-6409 with any questions or concerns.

tion forms can be found at www.spartansports.org. Call Dick Wickline at 703-913-3874 or email at wshsbbbcamp@gmail.com for more information.

Hayfield High School will hold its 2008 summer **boys basketball** camp in three sessions starting June 23. The first session will be held from June 23 from June 28. The second session will be from June 30 to July 3. The third session will be from July 7 to July 15. Each session will be held from 8 a.m. to 2 p.m. daily. Sessions one and three will cost \$175 for walk-ins and \$165 for early registration. Session two will cost \$140 for walk-ins and \$125 for early registration. The basketball camp will emphasize the development of fundamental basketball skills. The players will be given the opportunity to play five-on-five and three-on-three games as well as participate in daily competitions.

Please direct all questions regarding the camp to coach Stanley Babbit at 703-786-8591 or Stanley.Babbit@fcps.edu.

The Northern Virginia Region Cheer Coaches Association will hold its annual summer **cheerleading camp** in three sessions. On July 12, the NVRCCA camp will be at Centreville High School.

On July 19 and July 26, the camp will be at Fairfax High School. Each session will cost \$35, or \$90 for all three. For more information, contact NVRCCA Secretary Sarah Krawchuk at sarah_santoro@hotmail.com.

To advertise a summer camp, contact Connection Newspapers Sports Editor Paul Frommelt at pfrommelt@connectionnewspapers.com or call 703-917-6409.

WEEK NINE



Northern Region Lacrosse Poll

Presented by TripleEDGE Lacrosse

Boys Lacrosse

Rank	(First Place Votes)	Points	LW
1	Chantilly (12)	120	1
2	Langley (1)	117	3
3	Oakton	96	4
4	Madison	84	2
5	Westfield	68	6
6	Robinson	63	5
T-7	Annandale	57	8
T-7	WT Woodson	57	7
9	Lake Braddock	34	9
10	West Springfield	10	10

Also receiving votes: South County 6, Falls Church 3

Coaches participating: Annandale, Chantilly, Hayfield, Thomas Jefferson, Lake Braddock, Langley, Madison, McLean, Robinson, Stuart, West Potomac, W.T. Woodson, Yorktown

Girls Lacrosse

Rank	(First Place Votes)	Points	LW
1	Robinson (8)	113	2
2	Chantilly (3)	104	1
3	Stone Bridge (1)	93	5
4	Oakton	74	3
5	WT Woodson	72	6
6	Westfield	57	4
7	Annandale	55	7
8	Langley	36	8
9	West Springfield	17	NR
10	South County	16	9

Also receiving votes: Yorktown 13, Herndon 4, Madison 4, Thomas Jefferson 2

Coaches participating: Annandale, Chantilly, Edison, Herndon, Langley, Madison, Marshall, Robinson, South County, Stone Bridge, Westfield, Yorktown

Boys Lacrosse First-Team All-Region

Name	Position	School
Bryan Bayliss	Attack	South County
Matt Johnson	Attack	Annandale
Ross Fernandez	Attack	Woodson
A.J. Cybulski	Attack	Madison
Tyler Ott	Attack	Chantilly
Ian Mills	Midfield	Chantilly
Paul Gaski	Midfield	Woodson
Dilon Brothers	Midfield	Yorktown
Jake Nolan	Midfield	Chantilly
Stephen Kowalski	Midfield	Jefferson
Owen Masters	Midfield	Langley
Dylan Grimm	Defense	Oakton
Brett Burnette	Defense	Langley
Patrick Pembroke	Defense	Langley
Mike Quigg	Defense	Chantilly
Danny Conlin	Defense	Mount Vernon
Derek Keggerreis	Goalie	Chantilly
Ross Lavin	Goalie	Westfield

Coach of the Year: Kevin Broderick, Chantilly High School

Assistant Coach of the Year: Dennis Stewart, Lake Braddock Secondary School
Sportsmanship Award: Marshall High School

Northern Region Man of the Year: Bill Blaustein, Langley

— Girls lacrosse all-region team will be released next week.

FAITH

Faith Notes are for announcements and events in the faith community. Send to south@connectionnewspapers.com or call 703-917-6440. Deadline is Friday.

Temple B'nai Shalom will offer a monthly Tot Shabbat Service on **Friday, May 16** at 7 p.m. This service is geared for all children from infants through age 6. The temple is located at 7612 Old Ox Road in Fairfax Station. Call 703-764-2901.

St. Andrew's Episcopal Church, 6509 Sydenstricker Road, Burke, is having a Mayfair on **Saturday, May 17**, 10 a.m.-3 p.m. Children's games, crafts, food, music, plant sale, silent auction and more. Proceeds will benefit the church's Ministry for Tomorrow capital campaign. For more information, visit www.standrews.net.

Stop Hunger Now **food packaging event**. Assemble meals to feed people facing food shortages, **Saturday, May 17**, 10 a.m.-1 p.m., at Sydenstricker United Methodist Church, 8508 Hoos Road, Springfield. Families are welcome and asked to donate at least 20 minutes to the effort, children must be accompanied by a parent. No need to register. Visit www.stophungernow.org or www.sumcdisciples.org, or call 703-451-8223.

Sale of children's materials, **Saturday, May 17**, 8:30 a.m.-1 p.m., with half-price after noon, at **St. Mary of Sorrows Catholic Church**, 5222 Sideburn Road, Fairfax. Call 703-385-9506.

"Everything Has To Go" yard sale, **Saturday, May 17**, 8 a.m.-1 p.m. rain

or shine at **Kirkwood Presbyterian Church**, 8336 Carrleigh Parkway, Springfield. Proceeds support the Kirkwood Youth Group mission trip this summer.

Used Book and Curriculum Sale at **Sovereign Grace Church**, 5200 Ox Road, Fairfax, **Saturday, May 17**, 8 a.m.-noon. Shoppers and sellers are welcome. Those wishing to sell homeschool books and curricula may rent tables for a fee of 10 percent of total proceeds. To rent a table, contact Kathy Rossell at kathleenrossell@yahoo.com.

Ekaji Buddhist Temple, 6500 Lake Haven Lane, Fairfax Station, is hosting a workshop on **Naikan**, a method of self-reflection, with Mark LaWall on **Saturday, May 17**, 2-5 p.m. The workshop is free and lunch will be provided. Visit www.ekoji.org.

Grace Presbyterian Church presents a concert by the multicultural, interfaith choir, Mosaic Harmony, and the Grace Church Choirs on **Saturday, May 17** at 7 p.m. at the church, 7434 Bath St., Springfield. Free. Offering collected for Middle East ministries. Reception to follow. Call 703-451-2900 or visit www.gracepresby.org.

Tenor, Antonio Giuliano, and Kathryn Lewis, accompanist, will be performing a voice recital titled "**An American Soldier's Journey**," at **Providence Presbyterian Church** 6 p.m. **Sunday, May 18**. Tickets are \$20 in advance, \$10 for seniors and students, and \$25 at the door, \$15 for seniors and students. Tickets are available by calling the church office at 703-978-3934.

Marriage Matters: A night of fellowship with other couples, **Saturday, May 31**, 7 p.m. at **Messiah United Methodist Church**, 6215 Rolling Road, Springfield. Bring a dessert to share. A short program will be offered on "Mastering Money in the Marriage." Free child care is available, pre-registration required. Contact Robin Ringler at 703-569-9862, ext. 210 or e-mail rringler@messiahumc.org.

Fairfax Presbyterian Church's summer worship schedule, with one service of worship at 9:30 a.m., begins **Sunday, May 25**. Glebe Sunday is set for **June 1**, with a casual, outdoor service at 9:30 a.m. Bring lawn chairs, blankets, parasols and fans. A picnic lunch will follow in Fellowship Hall. The church is located at 10723 Main St., Fairfax. Call 703-273-5300 or visit www.fairfaxpresby.com.

Jewish Community Legislative Review. The Jewish Community Relations Council of Greater Washington and the Jewish Community Center of Northern Virginia hosts Del. Steve Shannon (D-35) to recount the key legislative issues in Virginia. **Tuesday, May 27**, 7:30-9 p.m. at the Jewish Community Center of Northern Virginia, 8900 Little River Turnpike, Fairfax. Free. RSVPs requested; contact Nina Betru at nbetru@jcouncil.org or 703-962-9230.

Shabba-Be-Que at Adat Reyim, 6500 Westbury Oaks Court, Springfield, 6:30 p.m. at **Friday, May 30**. Fun, food, song, and prayer. Cost is \$15 per adult, \$10 per child (5-16 years) or \$36 maximum per family. Children under 5 are free. For more information, call 703-569-7577.

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DANCING

Dudney School of Irish Dance in Springfield is currently enrolling children 5 and older. Classes are located near Braddock Road and the Beltway and are taught by Jordan Dudney, a Washington native and champion step dancer. Visit www.DudneyIrishDance.com or call 703-899-5317.

Israeli Dance Class. Tuesdays, 8-10 p.m., at the Jewish Community Center of Northern Virginia, 8900 Little River Turnpike, Fairfax. Beginner, intermediate and advanced. \$5/session/JCCNV member; \$6/non-member; \$4/student or senior. Reservations not required. Call 301-982-0937.

Irish Step Dance Classes. Fridays at 6 p.m. and 7 p.m. Open to beginners ages 5-15 at Studio One, 6208 Rolling Road, Springfield. Call Jordan Dudney at 703-899-5317.

Singles' Dance. Hearts in Motion School of Music & Dance hosts Don and Colleen's Singles' Dance the third Friday of each month, 8 p.m.-midnight. Dances include cha cha, waltz, swing, hustle, El Paso, slow dances and line dances. Cost is \$12 (\$20 for a couple). Light snacks are provided, soda and water are available for purchase. The school is located at 8600 Rolling Road, Springfield. Call Colleen at 703-437-1190.

Learn Carolina Shag dancing with the Northern Virginia Shag Club. Lessons take place at Rene's Supper Club, 3251 Old Lee Highway, Fairfax. Adult lessons are 7:30 p.m. every Wednesday. Lesson is free, adults' cover charge is \$6. Social dancing follows the lessons. Call Cathy Metcalf at 703-690-2631.

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COMMUNITY

Pot Growing

FROM PAGE 18

bation so he could continue his drug treatment and "the productive work he's done [his whole life]. He's been in jail, a month and a half, and it has really gotten his attention."

Birnbaum then entered into evidence four photos of the marijuana plants police had seized from the home on Union Mill Road. But, said Gardner, "It was only an 8-foot-by-8-foot grow area, and those are close-up photos of the marijuana plants."

Then Rouse stood and addressed the court. "I'd like to apologize to the community, my wife, family and friends for my actions," he said. "I did something wrong. I'm ashamed of myself for the embarrassment and hardship I caused my family. I will never use drugs or do anything like this again. I made a mistake and incarceration has taught me that. I will never come before you again if you give me a second chance to turn my life around."

But Wooldridge refused to be swayed. "It's not your use of marijuana that concerns me today," he told Rouse. "You are a drug dealer in the state of Virginia and, even if it only goes to your 'old Hippie friends,' it doesn't change things. You can't control where it goes after you give it to them."

That circumstance, said the judge, plus the scale of Rouse's marijuana cultivation — "renting a home, having surveillance cameras, 85 plants, 10 pounds of [drug] material, a hidden stairwell and grow lights — makes you a danger to society. This is a drug operation, and the state legislature says it warrants a sentence of from five to 30 years."

Wooldridge then sentenced him to five years in prison, suspending all but four months, and placed him on five years probation following his release. He also ordered Rouse to undergo whatever substance-abuse treatment is recommended by his probation officer, maintain full-time employment, submit to random urine screens and remain drug free. Wooldridge suspended his driver's license, too, but said he'd approve Rouse for work release if he qualifies for it.

BUSINESS NOTES

Andrew Vardaro, manager of the Verizon Experience Store at Fair Oaks Mall has earned membership in Verizon Wireless' President's Cabinet. The honor is reserved for those ranking in the top 1 percent nationally in sales during 2007.

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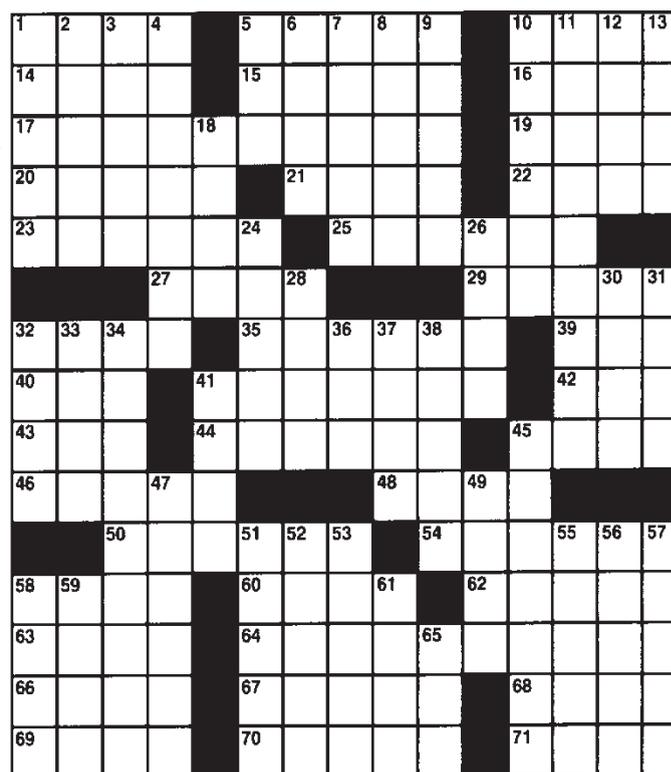
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NEW YORK TIMES CROSSWORD

Edited by Will Shortz

No. 0308 -2



Puzzle by Gregory E. Paul

ACROSS

- 1 German river to the North Sea
- 5 Houston N.L.er
- 10 Fictional captain with an ivory leg
- 14 Fishing rod attachment
- 15 Oarsman
- 16 Malcolm X, for Denzel Washington
- 17 Where the President works
- 19 Minute amount
- 20 Jeans material
- 21 Regarding
- 22 Dick and Jane's dog
- 23 Skipped the wedding
- 25 Coin flips
- 27 High-hatter
- 29 Cockeyed
- 32 Seldom seen
- 35 Zoo inhabitants
- 39 Ill temper
- 40 Meyers of "Kate & Allie"
- 41 Sewing groups
- 42 L.B.J.'s successor
- 43 Bed-and-breakfast
- 44 Scrabble unit
- 45 Yards in passing, e.g.
- 46 Accepted doctrine
- 48 Shrink—
- 50 Yellowbelly
- 54 Draw out
- 58 Auto racer A. J.
- 60 Sticky stuff
- 62 Hole— (ace)
- 63 "That hurts!"
- 64 Camelot fixture
- 66 Iwo Jima, e.g.
- 67 Hot coal
- 68 Study for finals
- 69 Lustful look
- 70 — Park, Col.
- 71 Makes bales for the barn

DOWN

- 1 Wear away, as earth
- 2 Carpenter's tool
- 3 Community gambling game
- 4 Area south of the White House, with "the"
- 5 Poodle's bark

- 28 Lahr of "The Wizard of Oz"
- 30 Humorous Bombeck
- 31 "What — wrong?"
- 32 Narc's bust
- 33 Cartoonist Peter
- 34 Wagner work
- 36 Have work in Hollywood
- 37 Lot
- 38 — Haute, Ind.
- 41 Falcon feature
- 45 Popeye's muscle builder
- 47 May honoree
- 49 Came down to earth
- 51 Be in harmony
- 52 Motel units
- 53 Harbor suspicions
- 55 Snake charmer's snake
- 56 Dental filling
- 57 Abounds
- 58 Aluminum sheet
- 59 River in England
- 61 Where gramps jounces junior
- 65 A.M.A. members

ANSWER TO PREVIOUS PUZZLE

M	A	R	T	A	L	A	R	T	T	R	I	S		
B	R	O	W	N	P	A	P	E	R	H	O	N	E	
A	N	T	I	F	E	M	A	L	E	O	D	E	A	
S	E	E	G	A	R	C	O	E	R	E	B	S		
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E	D	N	A		A	N	N	A	B	E	L	L	E	E
D	E	E	M		D	E	G	R	E	E	L	E	S	S

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Frank Weinstein

Write On!

By KENNETH B. LOURIE



I have never been a knight in shining armor. Nor have I ever been a man in uniform (Cub Scouts and organized team sports notwithstanding). Certainly I have been a fish out of water and on occasion, I will admit to having been a bit of a wallflower. I may not be the most memorable character you'll ever meet, but nor am I totally forgettable, either. I try not to take up too much space (figuratively speaking) and require very little attention as well. Left alone, I will not wither and die.

Basically, I need to be fed and watered daily, just like our mini rex rabbit, Chester; he seems fairly content to nibble his kibble, crinkle his nose, drink his water, inhale his kale, and toss his toys from side to side and seems not bitter at all when he uses his litter. When out and about (about 30 minutes a day), he hops and hops and chews everything in sight, and a few things we can't see so he needs to be monitored at all times (not unlike some people I know).

Left well enough alone, he will cause goat-like carnage in the house (he's an indoor bunny). He's already chewed Comcast cable wires, "Monster" brand stereo cables, newspapers and magazines, the fringe on Oriental rugs, upholstery and anything and everything he can get his buck teeth on. As simple and mundane as his routine/life appears to be, he seems content, so far as we know. I mean, we haven't received any complaints as yet, and he's been a member of the family going on five years.

It seems like the responsibilities I have — and fulfill — with respect to care-giving our animals (four at present; two cats, one dog and of course, Chester), are the closest I'll get to wearing shining armor. And yet, I'll likely never know if that's how my actions are perceived. Will a cat rubbing his hind quarters against my leg or curling his tail under my nose mean love, gratitude and appreciation? Or will he merely be scratching an itch and I'm the closest thing around? Does my dog Bailey's close proximity to my body indicate his love for me or am I simply protection from a nearby draft or is it a non-verbal queue to "treat" him as soon as I get up? Is Chester's licking of my hand yet another sign of love and affection or is it, as my wife, Dina, has suggested, merely his need for salt and moisture (a salt lick is a recommended in-cage necessity for rabbits)?

Obviously the animals can't talk to me (unless this was a Disney movie), but their actions speak volumes, right? I am their hero, their universe, their savior. Without me (and Dina, too) their life would be difficult, incomplete you might say. Their eyes, their focused glares, tell me all I need to know. And though they are not blood relatives, they are family nonetheless and providing their cradle to grave needs gives me a certain stature — and pride — that I don't think I would otherwise have, nor have ever had not having been in uniform — or armor — in my life (not counting Halloween, either).

Granted, there's more to life than animal magnetism, but given my modest demands and familial associations, I'm fairly content to walk quietly — and write weekly — as to my comings and goings, misgivings, faults and foibles and stick it to the man; that man most often being me. It's easy to take shots at others, anybody can do that. I'd rather stick to the subject matter I know best; me, myself and I. It may not be much but it beats the alternative.

Kenny Lourie is an Advertising Representative for The Almanac & The Connection Newspapers.

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4 RE for Sale	4 RE for Sale	3 RE for Rent	4 RE for Sale	15 Getaways	28 Yard Sales
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21 Announcements	21 Announcements	21 Announcements	21 Announcements	26 Antiques	GARAGE SALES/ YARD-SALES Advertise and locate Garage Sale Listings, Locations, Directions. Visit: GarageSaleDirections.com
TRUSTEE'S SALE OF VALUABLE IMPROVED REAL ESTATE		Make a difference in the life of a child who needs you. Help a child and learn new ways to teach positive behaviors. Generous monthly stipend; 24-hour support; ongoing training provided. Call Phillips Programs for more information or visit our website. www.phillipsprograms.org . PHILLIPS Teaching Homes (703) 941-3471 ext. 217 or (301) 470-1620 ext. 195. Homes are needed in VA and MD. Training starts in June 2008		WANTED SPORTS CARDS & MEMORABILIA Huggins & Scott Auctions is looking to buy or consign your VINTAGE (Pre-1970) Sports Cards & Memorabilia + older Americana collectibles including Toys, Games, Trains, Comics, Coins, Political Items, etc. for our next World Wide Internet Auction Call Craig 703-220-4718 to discuss your collection hugginsandscott.com	Kings Park West (1800 homes) comm-wide yard sale, Sat/Sun, 5/17, 5/18, 8-12. R/S.

21 Announcements	29 Misc. for Sale	29 Misc. for Sale	21 Announcements	21 Announcements	21 Announcements
Tuesday, May 20, 2008 At 11:30 a.m. Eastern Daylight Savings Time	PIANOS 1/2 Price After more than 50 yrs - we're closing out! Band Instruments, guitars, violins, office file cabs. & desks. Pianos starting at \$995 Call Gordon Keller 703-548-8833				Go the extra mile: its never crowded. -Anon.

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TERMS OF SALE: A deposit of \$13,000.00 or ten percent (10%) of the sale price, whichever amount is less, in the form of cash or its equivalent will be required of the purchaser at the time and place of sale; the balance of the purchase money being due and payable within fifteen (15) days after sale, time expressly being of the essence, with interest at the rate of 8.0 percent per annum from date of sale to date of settlement. Provided, however, that if the holder of the secured promissory note is the successful bidder at the sale, no cash deposit shall be required, and part of or the entire indebtedness, including interest and costs, secured by the Deed of Trust, may be set off against the purchase price.

Any defaulting purchaser shall forfeit the deposit and stand the risk and cost of resale.

Sale shall be made subject to all existing easements and restrictive covenants as the same may lawfully affect the real estate. Sale is further subject to mechanic's and/or materialman's liens of record and not of record. The property will be sold subject to all conditions, covenants, restrictions, rights of redemption of federal lienholders or encumbrances, and agreements of record affecting the same, if any.

In the event the undersigned trustee is unable to convey to the purchaser good title, then purchaser's sole and exclusive remedy shall be in the refund of the deposit paid at the time of sale.

This sale is being made subject to all prior unreleased liens of record.

The subject property and all improvements thereon will be sold in "as is" condition without warranty of any kind. Purchaser shall be responsible for any and all building and/or zoning code violations whether of record or not of record, as well as for all unpaid and enforceable homeowners' or condominium owners' association dues and assessments, if any. Purchaser also shall be responsible for obtaining possession of the property at his/her expense. Purchaser shall assume the risk of loss and

shall be responsible for any damage, vandalism, theft, destruction, or the like, of or to the property occurring after the time of sale. Conveyance will be by special warranty deed. Conveyancing, recording, transfer taxes, notary fees, examination of title, state stamps, and all other costs of conveyance are to be at the expense of purchaser. State and local taxes, public charges, and special or regular assessments, if any, shall be adjusted to the date of sale and thereafter shall be assumed by the purchaser.

The undersigned trustee unconditionally reserves the right: (i) to waive the deposit requirement; (ii) to approve or disapprove the creditworthiness of any bidder and/or purchaser; (iii) to withdraw the property from sale at any time prior to termination of the bidding; (iv) to extend the time for bidding; (v) to reject any or all bids; (vi) to postpone or set over the date or time of sale; and (vii) to extend the period of time for settlement hereunder.

Additional terms and conditions of sale may be announced at the time of sale.

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Substitute Trustee
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Gorgeous Colonial w/ 4 BR & 3.5 BAs. Hrdwd flrs in Foyer, LR & DR. Ceramic tile backsplash, Bosch DW, cooktop & wall oven in Kit. W/O French Doors in FR. Huge MBA w/ Sep tub & shower. Fin LL w/ Rec. Rm., full BA, 2nd laundry area & storage. Terrific location easy access to all amenities!



One-of-a-kind in Burke \$647,000

Stunning 4 BR, 2.5 BA, 3 lvl, 2-car gar. SF w/ multiple upgrades. Hrdwd flrs, vaulted ceiling, breakfast rm. & 2nd gas fp off remodeled Kit. Skylights, solar tubes, new windows, prof landscaping front & back. Walk-out from family rm. & bsmt. Much, much more you have to see! Terrific community - convenient to VRE, transportation, schools & shopping.

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Gainesville \$499,900

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Walk-out to Trees! - HW
Floors - New Carpet
New Roof (2007) - Deck
Vaulted Ceilings
Deluxe Master BA
w/Separate Tub &
Shower - Gas FP
FIRST TIME OPEN!

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Fairfax - Middleridge \$514,000

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This Burke
Centre home was
staged, priced
right and

**SOLD IN TWO
WEEKS!**

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getting your
home sold in this
market.



Clifton \$1,099,000

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Clifton

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own full

bathroom, 3 finished levels, new paint, carpet, great yard in cul-de-sac location. Shows like brand new!

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\$321,900

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Pottery barn
inspired contemporary
w/ Acorn!
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Kit w/Stainless, Master w/Sitting Area & Fireplace!
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RARE Opportunity! Model
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of LAKE BARTON! MANY
UPGRADES/EXTRAS
INCL: GRANITE Kitchen
w/ Upgraded appliances

overlooking Fam. Rm. w/skylights & fireplace! HUGE Liv.
Rm. w/2nd fireplace opens to NEW deck overlooking lake! 3
BRs, 3 1/2 updated GRANITE baths! Walk-out Bsmt w/ Lge.f
Rec. Rm. + Hobby/Mud Rm! 1-2 yr lease/pets considered
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Clifton \$1,075,000

Amazing Tudor style home with over 7,000 sq. ft. of exquisitely decorated living space. Impressive 2-story foyer & family room leads to gourmet kitchen with dining area, breakfast bar, island and lots of light. Fully finished basement with game room, exercise room, studio, guest bedroom & fantastic wet bar. 1,400 sq. ft. deck features large gazebo & hot tub and overlooks landscaped yard.



Laurel Hill Call For Pricing

Spectacular Compton Model on premium lot. This 3-sided brick Colonial features 6 BR's, 6.5 BA's and over 6,400 sq. ft. of living space. Incredible Gourmet Kitchen w/ Viking range & GE Monogram appliances. Enormous walk-out basement w/ full wet bar, exercise room, media room & bedroom with full bath. Master bedrooms on both upper and main levels.



Barbara Nowak

& Gerry Staudte

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Wooded Cul-de-Sac

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Wooded Lot.



Fairfax

\$700,000

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Gardens**

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to rest and enjoy
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